

2018 Michigan APF State Meet

Presented by: Ezra Salmon

DeVos Place Convention Center  
Grand Rapids, MI  
March 10-11, 2018



Divisions					
Abbrev	Description	Abbrev	Description	Abbrev	Description
M_OR_APF	Male Open Raw APF	F_OR_APF	Female Open Raw APF		
M_OR_AAPF	Male Open Raw AAFP	F_OR_AAPF	Female Open Raw AAFP		
M_OCR_APF	Male Open Classic Raw APF	F_OCR_APF	Female Open Classic Raw APF		
M_OCR_AAPF	Male Open Classic Raw AAFP	F_OCR_AAPF	Female Open Classic Raw AAFP		
M_OEM_APF	Male Open Equipped Multiply APF	F_OEM_APF	Female Open Equipped Multiply APF		
M_OEM_AAPF	Male Open Equipped Multiply AAFP	F_OEM_AAPF	Female Open Equipped Multiply AAFP		
M_OES_APF	Male Open Equipped Single-Ply APF	F_OES_APF	Female Open Equipped Single-Ply APF		
M_OES_AAPF	Male Open Equipped Single-Ply AAFP	F_OES_AAPF	Female Open Equipped Single-Ply AAFP		
M_TR_1_APF	Male Teen 1 Raw APF: 13-15	F_TR_1_APF	Female Teen 1 Raw APF: 13-15		
M_TR_1_AAPF	Male Teen 1 Raw AAFP: 13-15	F_TR_1_AAPF	Female Teen 1 Raw AAFP: 13-15		
M_TCR_1_APF	Male Teen 1 Classic Raw APF: 13-15	F_TCR_1_APF	Female Teen 1 Classic Raw APF: 13-15		
M_TCR_1_AAPF	Male Teen 1 Classic Raw AAFP: 13-15	F_TCR_1_AAPF	Female Teen 1 Classic Raw AAFP: 13-15		
M_TEM_1_APF	Male Teen 1 Equipped Multiply APF: 13-15	F_TEM_1_APF	Female Teen 1 Equipped Multiply APF: 13-15		
M_TEM_1_AAPF	Male Teen 1 Equipped Multiply AAFP: 13-15	F_TEM_1_AAPF	Female Teen 1 Equipped Multiply AAFP: 13-15		
M_TES_1_APF	Male Teen 1 Equipped Single-Ply APF: 13-15	F_TES_1_APF	Female Teen 1 Equipped Single-Ply APF: 13-15		
M_TES_1_AAPF	Male Teen 1 Equipped Single-Ply AAFP: 13-15	F_TES_1_AAPF	Female Teen 1 Equipped Single-Ply AAFP: 13-15		
M_TR_2_APF	Male Teen 2 Raw APF: 16-17	F_TR_2_APF	Female Teen 2 Raw APF: 16-17		
M_TR_2_AAPF	Male Teen 2 Raw AAFP: 16-17	F_TR_2_AAPF	Female Teen 2 Raw AAFP: 16-17		
M_TCR_2_APF	Male Teen 2 Classic Raw APF: 16-17	F_TCR_2_APF	Female Teen 2 Classic Raw APF: 16-17		
M_TCR_2_AAPF	Male Teen 2 Classic Raw AAFP: 16-17	F_TCR_2_AAPF	Female Teen 2 Classic Raw AAFP: 16-17		
M_TEM_2_APF	Male Teen 2 Equipped Multiply APF: 16-17	F_TEM_2_APF	Female Teen 2 Equipped Multiply APF: 16-17		
M_TEM_2_AAPF	Male Teen 2 Equipped Multiply AAFP: 16-17	F_TEM_2_AAPF	Female Teen 2 Equipped Multiply AAFP: 16-17		
M_TES_2_APF	Male Teen 2 Equipped Single-Ply APF: 16-17	F_TES_2_APF	Female Teen 2 Equipped Single-Ply APF: 16-17		
M_TES_2_AAPF	Male Teen 2 Equipped Single-Ply AAFP: 16-17	F_TES_2_AAPF	Female Teen 2 Equipped Single-Ply AAFP: 16-17		
M_TR_3_APF	Male Teen 3 Raw APF: 18-19	F_TR_3_APF	Female Teen 3 Raw APF: 18-19		
M_TR_3_AAPF	Male Teen 3 Raw AAFP: 18-19	F_TR_3_AAPF	Female Teen 3 Raw AAFP: 18-19		
M_TCR_3_APF	Male Teen 3 Classic Raw APF: 18-19	F_TCR_3_APF	Female Teen 3 Classic Raw APF: 18-19		
M_TCR_3_AAPF	Male Teen 3 Classic Raw AAFP: 18-19	F_TCR_3_AAPF	Female Teen 3 Classic Raw AAFP: 18-19		
M_TEM_3_APF	Male Teen 3 Equipped Multiply APF: 18-19	F_TEM_3_APF	Female Teen 3 Equipped Multiply APF: 18-19		
M_TEM_3_AAPF	Male Teen 3 Equipped Multiply AAFP: 18-19	F_TEM_3_AAPF	Female Teen 3 Equipped Multiply AAFP: 18-19		
M_TES_3_APF	Male Teen 3 Equipped Single-Ply APF: 18-19	F_TES_3_APF	Female Teen 3 Equipped Single-Ply APF: 18-19		
M_TES_3_AAPF	Male Teen 3 Equipped Single-Ply AAFP: 18-19	F_TES_3_AAPF	Female Teen 3 Equipped Single-Ply AAFP: 18-19		
M_JR_APF	Male Junior Raw APF: 20-23	F_JR_APF	Female Junior Raw APF: 20-23		
M_JR_AAPF	Male Junior Raw AAFP: 20-23	F_JR_AAPF	Female Junior Raw AAFP: 20-23		
M_JCR_APF	Male Junior Classic Raw APF: 20-23	F_JCR_APF	Female Junior Classic Raw APF: 20-23		
M_JCR_AAPF	Male Junior Classic Raw AAFP: 20-23	F_JCR_AAPF	Female Junior Classic Raw AAFP: 20-23		
M_JEM_APF	Male Junior Equipped Multiply APF: 20-23	F_JEM_APF	Female Junior Equipped Multiply APF: 20-23		
M_JEM_AAPF	Male Junior Equipped Multiply AAFP: 20-23	F_JEM_AAPF	Female Junior Equipped Multiply AAFP: 20-23		
M_JES_APF	Male Junior Equipped Single-Ply APF: 20-23	F_JES_APF	Female Junior Equipped Single-Ply APF: 20-23		
M_JES_AAPF	Male Junior Equipped Single-Ply AAFP: 20-23	F_JES_AAPF	Female Junior Equipped Single-Ply AAFP: 20-23		
M_SR_APF	Male Sub-Master Raw APF: 33-39	F_SR_APF	Female Sub-Master Raw APF: 33-39		
M_SR_AAPF	Male Sub-Master Raw AAFP: 33-39	F_SR_AAPF	Female Sub-Master Raw AAFP: 33-39		
M_SCR_APF	Male Sub-Master Classic Raw APF: 33-39	F_SCR_APF	Female Sub-Master Classic Raw APF: 33-39		
M_SCR_AAPF	Male Sub-Master Classic Raw AAFP: 33-39	F_SCR_AAPF	Female Sub-Master Classic Raw AAFP: 33-39		
M_SEM_APF	Male Sub-Master Equipped Multiply APF: 33-39	F_SEM_APF	Female Sub-Master Equipped Multiply APF: 33-39		
M_SEM_AAPF	Male Sub-Master Equipped Multiply AAFP: 33-39	F_SEM_AAPF	Female Sub-Master Equipped Multiply AAFP: 33-39		
M_SES_APF	Male Sub-Master Equipped Single-Ply APF: 33-39	F_SES_APF	Female Sub-Master Equipped Single-Ply APF: 33-39		
M_SES_AAPF	Male Sub-Master Equipped Single-Ply AAFP: 33-39	F_SES_AAPF	Female Sub-Master Equipped Single-Ply AAFP: 33-39		
M_MR_1_APF	Male Master 1 Raw APF: 40-44	F_MR_1_APF	Female Master 1 Raw APF: 40-44		
M_MR_1_AAPF	Male Master 1 Raw AAFP: 40-44	F_MR_1_AAPF	Female Master 1 Raw AAFP: 40-44		
M_MCR_1_APF	Male Master 1 Classic Raw APF: 40-44	F_MCR_1_APF	Female Master 1 Classic Raw APF: 40-44		
M_MCR_1_AAPF	Male Master 1 Classic Raw AAFP: 40-44	F_MCR_1_AAPF	Female Master 1 Classic Raw AAFP: 40-44		
M_MEM_1_APF	Male Master 1 Equipped Multiply APF: 40-44	F_MEM_1_APF	Female Master 1 Equipped Multiply APF: 40-44		
M_MEM_1_AAPF	Male Master 1 Equipped Multiply AAFP: 40-44	F_MEM_1_AAPF	Female Master 1 Equipped Multiply AAFP: 40-44		
M_MES_1_APF	Male Master 1 Equipped Single-Ply APF: 40-44	F_MES_1_APF	Female Master 1 Equipped Single-Ply APF: 40-44		
M_MES_1_AAPF	Male Master 1 Equipped Single-Ply AAFP: 40-44	F_MES_1_AAPF	Female Master 1 Equipped Single-Ply AAFP: 40-44		
M_MR_2_APF	Male Master 2 Raw APF: 45-49	F_MR_2_APF	Female Master 2 Raw APF: 45-49		
M_MR_2_AAPF	Male Master 2 Raw AAFP: 45-49	F_MR_2_AAPF	Female Master 2 Raw AAFP: 45-49		
M_MCR_2_APF	Male Master 2 Classic Raw APF: 45-49	F_MCR_2_APF	Female Master 2 Classic Raw APF: 45-49		
M_MCR_2_AAPF	Male Master 2 Classic Raw AAFP: 45-49	F_MCR_2_AAPF	Female Master 2 Classic Raw AAFP: 45-49		
M_MEM_2_APF	Male Master 2 Equipped Multiply APF: 45-49	F_MEM_2_APF	Female Master 2 Equipped Multiply APF: 45-49		
M_MEM_2_AAPF	Male Master 2 Equipped Multiply AAFP: 45-49	F_MEM_2_AAPF	Female Master 2 Equipped Multiply AAFP: 45-49		
M_MES_2_APF	Male Master 2 Equipped Single-Ply APF: 45-49	F_MES_2_APF	Female Master 2 Equipped Single-Ply APF: 45-49		
M_MES_2_AAPF	Male Master 2 Equipped Single-Ply AAFP: 45-49	F_MES_2_AAPF	Female Master 2 Equipped Single-Ply AAFP: 45-49		
M_MR_3_APF	Male Master 3 Raw APF: 50-54	F_MR_3_APF	Female Master 3 Raw APF: 50-54		
M_MR_3_AAPF	Male Master 3 Raw AAFP: 50-54	F_MR_3_AAPF	Female Master 3 Raw AAFP: 50-54		
M_MCR_3_APF	Male Master 3 Classic Raw APF: 50-54	F_MCR_3_APF	Female Master 3 Classic Raw APF: 50-54		
M_MCR_3_AAPF	Male Master 3 Classic Raw AAFP: 50-54	F_MCR_3_AAPF	Female Master 3 Classic Raw AAFP: 50-54		
M_MEM_3_APF	Male Master 3 Equipped Multiply APF: 50-54	F_MEM_3_APF	Female Master 3 Equipped Multiply APF: 50-54		
M_MEM_3_AAPF	Male Master 3 Equipped Multiply AAFP: 50-54	F_MEM_3_AAPF	Female Master 3 Equipped Multiply AAFP: 50-54		
M_MES_3_APF	Male Master 3 Equipped Single-Ply APF: 50-54	F_MES_3_APF	Female Master 3 Equipped Single-Ply APF: 50-54		
M_MES_3_AAPF	Male Master 3 Equipped Single-Ply AAFP: 50-54	F_MES_3_AAPF	Female Master 3 Equipped Single-Ply AAFP: 50-54		
M_MR_4_APF	Male Master 4 Raw APF: 55-59	F_MR_4_APF	Female Master 4 Raw APF: 55-59		
M_MR_4_AAPF	Male Master 4 Raw AAFP: 55-59	F_MR_4_AAPF	Female Master 4 Raw AAFP: 55-59		
M_MCR_4_APF	Male Master 4 Classic Raw APF: 55-59	F_MCR_4_APF	Female Master 4 Classic Raw APF: 55-59		
M_MCR_4_AAPF	Male Master 4 Classic Raw AAFP: 55-59	F_MCR_4_AAPF	Female Master 4 Classic Raw AAFP: 55-59		
M_MEM_4_APF	Male Master 4 Equipped Multiply APF: 55-59	F_MEM_4_APF	Female Master 4 Equipped Multiply APF: 55-59		
M_MEM_4_AAPF	Male Master 4 Equipped Multiply AAFP: 55-59	F_MEM_4_AAPF	Female Master 4 Equipped Multiply AAFP: 55-59		
M_MES_4_APF	Male Master 4 Equipped Single-Ply APF: 55-59	F_MES_4_APF	Female Master 4 Equipped Single-Ply APF: 55-59		
M_MES_4_AAPF	Male Master 4 Equipped Single-Ply AAFP: 55-59	F_MES_4_AAPF	Female Master 4 Equipped Single-Ply AAFP: 55-59		
M_MR_5_APF	Male Master 5 Raw APF: 60-64	F_MR_5_APF	Female Master 5 Raw APF: 60-64		
M_MR_5_AAPF	Male Master 5 Raw AAFP: 60-64	F_MR_5_AAPF	Female Master 5 Raw AAFP: 60-64		
M_MCR_5_APF	Male Master 5 Classic Raw APF: 60-64	F_MCR_5_APF	Female Master 5 Classic Raw APF: 60-64		
M_MCR_5_AAPF	Male Master 5 Classic Raw AAFP: 60-64	F_MCR_5_AAPF	Female Master 5 Classic Raw AAFP: 60-64		
M_MEM_5_APF	Male Master 5 Equipped Multiply APF: 60-64	F_MEM_5_APF	Female Master 5 Equipped Multiply APF: 60-64		
M_MEM_5_AAPF	Male Master 5 Equipped Multiply AAFP: 60-64	F_MEM_5_AAPF	Female Master 5 Equipped Multiply AAFP: 60-64		
M_MES_5_APF	Male Master 5 Equipped Single-Ply APF: 60-64	F_MES_5_APF	Female Master 5 Equipped Single-Ply APF: 60-64		
M_MES_5_AAPF	Male Master 5 Equipped Single-Ply AAFP: 60-64	F_MES_5_AAPF	Female Master 5 Equipped Single-Ply AAFP: 60-64		
M_MR_6_APF	Male Master 6 Raw APF: 65-69	F_MR_6_APF	Female Master 6 Raw APF: 65-69		
M_MR_6_AAPF	Male Master 6 Raw AAFP: 65-69	F_MR_6_AAPF	Female Master 6 Raw AAFP: 65-69		
M_MCR_6_APF	Male Master 6 Classic Raw APF: 65-69	F_MCR_6_APF	Female Master 6 Classic Raw APF: 65-69		
M_MCR_6_AAPF	Male Master 6 Classic Raw AAFP: 65-69	F_MCR_6_AAPF	Female Master 6 Classic Raw AAFP: 65-69		
M_MEM_6_APF	Male Master 6 Equipped Multiply APF: 65-69	F_MEM_6_APF	Female Master 6 Equipped Multiply APF: 65-69		
M_MEM_6_AAPF	Male Master 6 Equipped Multiply AAFP: 65-69	F_MEM_6_AAPF	Female Master 6 Equipped Multiply AAFP: 65-69		
M_MES_6_APF	Male Master 6 Equipped Single-Ply APF: 65-69	F_MES_6_APF	Female Master 6 Equipped Single-Ply APF: 65-69		
M_MES_6_AAPF	Male Master 6 Equipped Single-Ply AAFP: 65-69	F_MES_6_AAPF	Female Master 6 Equipped Single-Ply AAFP: 65-69		
M_MR_7_APF	Male Master 7 Raw APF: 70-74	F_MR_7_APF	Female Master 7 Raw APF: 70-74		
M_MR_7_AAPF	Male Master 7 Raw AAFP: 70-74	F_MR_7_AAPF	Female Master 7 Raw AAFP: 70-74		
M_MCR_7_APF	Male Master 7 Classic Raw APF: 70-74	F_MCR_7_APF	Female Master 7 Classic Raw APF: 70-74		
M_MCR_7_AAPF	Male Master 7 Classic Raw AAFP: 70-74	F_MCR_7_AAPF	Female Master 7 Classic Raw AAFP: 70-74		
M_MEM_7_APF	Male Master 7 Equipped Multiply APF: 70-74	F_MEM_7_APF	Female Master 7 Equipped Multiply APF: 70-74		
M_MEM_7_AAPF	Male Master 7 Equipped Multiply AAFP: 70-74	F_MEM_7_AAPF	Female Master 7 Equipped Multiply AAFP: 70-74		
M_MES_7_APF	Male Master 7 Equipped Single-Ply APF: 70-74	F_MES_7_APF	Female Master 7 Equipped Single-Ply APF: 70-74		
M_MES_7_AAPF	Male Master 7 Equipped Single-Ply AAFP: 70-74	F_MES_7_AAPF	Female Master 7 Equipped Single-Ply AAFP: 70-74		
M_MR_8_APF	Male Master 8 Raw APF: 75-79	F_MR_8_APF	Female Master 8 Raw APF: 75-79		
M_MR_8_AAPF	Male Master 8 Raw AAFP: 75-79	F_MR_8_AAPF	Female Master 8 Raw AAFP: 75-79		
M_MCR_8_APF	Male Master 8 Classic Raw APF: 75-79	F_MCR_8_APF	Female Master 8 Classic Raw APF: 75-79		
M_MCR_8_AAPF	Male Master 8 Classic Raw AAFP: 75-79	F_MCR_8_AAPF	Female Master 8 Classic Raw AAFP: 75-79		
M_MEM_8_APF	Male Master 8 Equipped Multiply APF: 75-79	F_MEM_8_APF	Female Master 8 Equipped Multiply APF: 75-79		
M_MEM_8_AAPF	Male Master 8 Equipped Multiply AAFP: 75-79	F_MEM_8_AAPF	Female Master 8 Equipped Multiply AAFP: 75-79		
M_MES_8_APF	Male Master 8 Equipped Single-Ply APF: 75-79	F_MES_8_APF	Female Master 8 Equipped Single-Ply APF: 75-79		
M_MES_8_AAPF	Male Master 8 Equipped Single-Ply AAFP: 75-79	F_MES_8_AAPF	Female Master 8 Equipped Single-Ply AAFP: 75-79		
M_MR_9_APF	Male Master 9 Raw APF: 80+	F_MR_9_APF	Female Master 9 Raw APF: 80+		
M_MR_9_AAPF	Male Master 9 Raw AAFP: 80+	F_MR_9_AAPF	Female Master 9 Raw AAFP: 80+		
M_MCR_9_APF	Male Master 9 Classic Raw APF: 80+	F_MCR_9_APF	Female Master 9 Classic Raw APF: 80+		
M_MCR_9_AAPF	Male Master 9 Classic Raw AAFP: 80+	F_MCR_9_AAPF	Female Master 9 Classic Raw AAFP: 80+		
M_MEM_9_APF	Male Master 9 Equipped Multiply APF: 80+	F_MEM_9_APF	Female Master 9 Equipped Multiply APF: 80+		
M_MEM_9_AAPF	Male Master 9 Equipped Multiply AAFP: 80+	F_MEM_9_AAPF	Female Master 9 Equipped Multiply AAFP: 80+		
M_MES_9_APF	Male Master 9 Equipped Single-Ply APF: 80+	F_MES_9_APF	Female Master 9 Equipped Single-Ply APF: 80+		
M_MES_9_AAPF	Male Master 9 Equipped Single-Ply AAFP: 80+	F_MES_9_AAPF	Female Master 9 Equipped Single-Ply AAFP: 80+		

10-Mar-18

## 2018 Michigan APF State Meet - Push-Pull - Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Barense, Michelle (pp)	52	F_MR_3_AAPF	70.4	75	0.873	62.5	-67.5	-67.5	62.5	107.5	122.5	137.5	137.5	200	174.6	203.409	1-F_MR_3_AAPF-75	Iron Orr Strength
Vega, Toni	56	F_MR_4_APF	98.5	SHW	0.71985	45	-47.5	47.5	47.5	75	85	102.5	102.5	150	107.9775	134.539965	1-F_MR_4_APF-SHW	
Billings, Robert	41	M_MR_1_AAPF	98.4	100	0.58535	140	147.5	167.5	167.5	210	217.5	225	225	392.5	229.749875	232.0473738	1-M_MR_1_AAPF-100	
Spencer, James "SKIP"	62	M_MR_5_AAPF	75	75	0.68855	102.5	107.5	-112.5	107.5	125	132.5	140	140	247.5	170.416125	237.3896621	1-M_MR_5_AAPF-75	
Dunbar, Brandon	35	M_OEM_APF	104.4	110	0.5718	-272.5	-272.5	-272.5	0	215			0	0	0	0	0	Unreal Fitness
Kern, Murril	35	M_SR_APF	95.8	100	0.59255	155	162.5	-165	162.5	195	210	-220	210	372.5	220.724875	0	1-M_SR_APF-100	

## 2018 Michigan APF State Meet - Push-Pull - Lb Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Barense, Michelle (pp)	52	F_MR_3_AAPF	70.4	75	0.873	137.79	-148.81	-148.81	137.79	236.99	270.06	303.13	303.13	440.92	174.6	203.409	1-F_MR_3_AAPF-75	Iron Orr Strength
Vega, Toni	56	F_MR_4_APF	98.5	SHW	0.71985	99.21	-104.72	104.72	104.72	165.35	187.39	225.97	225.97	330.69	107.9775	134.539965	1-F_MR_4_APF-SHW	
Billings, Robert	41	M_MR_1_AAPF	98.4	100	0.58535	308.64	325.18	369.27	369.27	462.97	479.50	496.04	496.04	865.31	229.749875	232.0473738	1-M_MR_1_AAPF-100	
Spencer, James "SKIP"	62	M_MR_5_AAPF	75	75	0.68855	225.97	236.99	-248.02	236.99	275.58	292.11	308.64	308.64	545.64	170.416125	237.3896621	1-M_MR_5_AAPF-75	
Dunbar, Brandon	35	M_OEM_APF	104.4	110	0.5718	-600.75	-600.75	-600.75	0.00	473.99	0.00	0.00	0.00	0.00	0	0	0	Unreal Fitness
Kern, Murril	35	M_SR_APF	95.8	100	0.59255	341.71	358.25	-363.76	358.25	429.90	462.97	-485.01	462.97	821.21	220.724875	0	1-M_SR_APF-100	

10-Mar-18

## 2018 Michigan APF State Meet - Bench Only - Kg Results

Name	Age	Div	BWt (Kg)	WtCl (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCl	Team	Notes
Jacobson, Lisa	47	F_MR_2_AAPF	70.7	75	0.8704	52.5	57.5	60	60	52.224	56.506368	1-F_MR_2_AAPF-75	FBC	
Lissfelt, Mary	52	F_MR_3_AAPF	57.5	60	1.022	55	57.5	60	60	61.32	71.4378	1-F_MR_3_AAPF-60		
Holschuh, Kelli (bp)	27	F_OES_AAPF	80.9	82.5	0.79615	82.5	87.5	95	95	75.63425	0	1-F_OES_AAPF-82.5	Wetenhall Babes	Female Eq Best Bench
Henderson, Nia (aapf)	32	F_OR_AAPF	125	SHW	0.6717	105	110	115	115	77.2455	0	1-F_OR_AAPF-SHW		Female Raw Best Bench
Henderson, Nia (apf)	32	F_OR_APF	125	SHW	0.6717	105	110	115	115	77.2455	0	1-F_OR_APF-SHW		
Becker, Shayna	39	F_SR_APF	100.2	SHW	0.7151	62.5	77.5	87.5	77.5	55.42025	0	1-F_SR_APF-SHW	Tall and Small	
Brooks, Rick	23	M_JR_APF	120.8	125	0.5501	225	235	240	240	132.024	0	1-M_JR_APF-125	Maximus Fitness	Men Best Raw Bench
Ott, David	20	M_JR_APF	116.2	125	0.5549	137.5	147.5	155	155	86.0095	0	2-M_JR_APF-125	Flint Barbell Club	
Shipley, Cliff (aapf)	59	M_MES_4_AAPF	74	75	0.69545	95	-102.5	-102.5	95	66.06775	86.87909125	1-M_MES_4_AAPF-75	Team Repz	Men Eq Best Bench
Shipley, Cliff (apf)	59	M_MES_4_APF	74	75	0.69545	95	-102.5	-102.5	95	66.06775	86.87909125	1-M_MES_4_APF-75	Team Repz	
Wetenhall, Jim (aapf)	63	M_MES_5_AAPF	128.4	140	0.5419	-190	190	-192.5	190	102.961	146.307581	1-M_MES_5_AAPF-140		
Wetenhall, Jim (apf)	63	M_MES_5_APF	128.4	140	0.5419	-190	190	-192.5	190	102.961	146.307581	1-M_MES_5_APF-140		
Body, Bobby	43	M_MR_1_AAPF	80.8	82.5	0.65345	185	190	197.5	197.5	129.056375	133.0571226	1-M_MR_1_AAPF-82.5	Team Snap Fitness	Men Best Raw Bench
Brown, Aaron	41	M_MR_1_APF	120.3	125	0.55065	200	217.5	-225	217.5	119.766375	120.9640388	1-M_MR_1_APF-125		
Hensley, Rob	49	M_MR_2_AAPF	99.6	100	0.5823	145	152.5	-157.5	152.5	88.80075	98.83523475	1-M_MR_2_AAPF-100	Flint Barbell	
Schwab, Dan	49	M_MR_2_APF	93.4	100	0.59995	180	182.5	-185	182.5	109.490875	121.8633439	1-M_MR_2_APF-100	Northern Strength Training	
Morris, Patrick	49	M_MR_2_APF	96.8	100	0.58965	147.5	157.5	-167.5	157.5	92.869875	103.3641709	2-M_MR_2_APF-100		
Jacobson, Bob (aapf)	60	M_MR_5_AAPF	97.3	100	0.58825	122.5	137.5	-147.5	137.5	80.884375	108.3850625	1-M_MR_5_AAPF-100	Jakes Gym	
Felts, Jerry	60	M_MR_5_APF	80	82.5	0.6578	130	-137.5	142.5	142.5	93.7365	125.60691	1-M_MR_5_APF-82.5		
Jacobson, Bob (apf)	60	M_MR_5_APF	97.3	100	0.58825	122.5	137.5	-147.5	137.5	80.884375	108.3850625	1-M_MR_5_APF-100	Jakes Gym	
Mata, Ben	63	M_MR_5_APF	120.4	125	0.55055	150	-160	-160	150	82.5825	117.3497325	1-M_MR_5_APF-125	Flint Barbell Club	
Thomas, Gus (bp)	79	M_MR_8_APF	104.4	110	0.5718	-125	135	-145	135	77.193	154.771965	1-M_MR_8_APF-110		
Rotellini, Joey (bp)	30	M_OCR_AAPF	65.4	67.5	0.7691	115	120	-125	120	92.292	0	1-M_OCR_AAPF-67.5		
Medacco, Robert (open_bp)	39	M_OR_AAPF	108.3	110	0.565	205	207.5	-210	207.5	117.2375	0	1-M_OR_AAPF-110		
Sly, Cory	28	M_OR_AAPF	120.8	125	0.5501	165	175	185	185	101.7685	0	1-M_OR_AAPF-125		
Schwab, Matt	31	M_OR_APF	93.7	100	0.599	182.5	-192.5	192.5	192.5	115.3075	0	1-M_OR_APF-100		
Scott, Eric	29	M_OR_APF	106.1	110	0.56865	170	177.5	187.5	187.5	106.621875	0	1-M_OR_APF-110	Phat Muscle Society	
Medacco, Robert (s mast bp)	39	M_SR_AAPF	108.3	110	0.565	205	207.5	-210	207.5	117.2375	0	1-M_SR_AAPF-110		

## 2018 Michigan APF State Meet - Bench Only - Lb Results

Name	Age	Div	BWt (Kg)	WtCl (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCl	Team	Notes
Jacobson, Lisa	47	F_MR_2_AAPF	70.7	75	0.8704	115.74	126.76	132.28	132.28	52.224	56.506368	1-F_MR_2_AAPF-75	FBC	
Lissfelt, Mary	52	F_MR_3_AAPF	57.5	60	1.022	121.25	126.76	132.28	132.28	61.32	71.4378	1-F_MR_3_AAPF-60		
Holschuh, Kelli (bp)	27	F_OES_AAPF	80.9	82.5	0.79615	181.88	192.90	209.44	209.44	75.63425	0	1-F_OES_AAPF-82.5	Wetenhall Babes	Female Eq Best Bench
Henderson, Nia (aapf)	32	F_OR_AAPF	125	SHW	0.6717	231.48	242.51	253.53	253.53	77.2455	0	1-F_OR_AAPF-SHW		Female Raw Best Bench
Henderson, Nia (apf)	32	F_OR_APF	125	SHW	0.6717	231.48	242.51	253.53	253.53	77.2455	0	1-F_OR_APF-SHW		
Becker, Shayna	39	F_SR_APF	100.2	SHW	0.7151	137.79	170.86	-192.90	170.86	55.42025	0	1-F_SR_APF-SHW	Tall and Small	
Brooks, Rick	23	M_JR_APF	120.8	125	0.5501	496.04	518.08	529.10	529.10	132.024	0	1-M_JR_APF-125	Maximus Fitness	Men Best Raw Bench
Ott, David	20	M_JR_APF	116.2	125	0.5549	303.13	325.18	341.71	341.71	86.0095	0	2-M_JR_APF-125	Flint Barbell Club	
Shipley, Cliff (aapf)	59	M_MES_4_AAPF	74	75	0.69545	209.44	-225.97	-225.97	209.44	66.06775	86.87909125	1-M_MES_4_AAPF-75	Team Repz	Men Eq Best Bench
Shipley, Cliff (apf)	59	M_MES_4_APF	74	75	0.69545	209.44	-225.97	-225.97	209.44	66.06775	86.87909125	1-M_MES_4_APF-75	Team Repz	
Wetenhall, Jim (aapf)	63	M_MES_5_AAPF	128.4	140	0.5419	-418.87	418.87	-424.39	418.87	102.961	146.307581	1-M_MES_5_AAPF-140		
Wetenhall, Jim (apf)	63	M_MES_5_APF	128.4	140	0.5419	-418.87	418.87	-424.39	418.87	102.961	146.307581	1-M_MES_5_APF-140		
Body, Bobby	43	M_MR_1_AAPF	80.8	82.5	0.65345	407.85	418.87	435.41	435.41	129.056375	133.0571226	1-M_MR_1_AAPF-82.5	Team Snap Fitness	Men Best Raw Bench
Brown, Aaron	41	M_MR_1_APF	120.3	125	0.55065	440.92	479.50	-496.04	479.50	119.766375	120.9640388	1-M_MR_1_APF-125		
Hensley, Rob	49	M_MR_2_AAPF	99.6	100	0.5823	319.67	336.20	-347.22	336.20	88.80075	98.83523475	1-M_MR_2_AAPF-100	Flint Barbell	
Schwab, Dan	49	M_MR_2_APF	93.4	100	0.59995	396.83	402.34	-407.85	402.34	109.490875	121.8633439	1-M_MR_2_APF-100	Northern Strength Training	
Morris, Patrick	49	M_MR_2_APF	96.8	100	0.58965	325.18	347.22	-369.27	347.22	92.869875	103.3641709	2-M_MR_2_APF-100		
Jacobson, Bob (aapf)	60	M_MR_5_AAPF	97.3	100	0.58825	270.06	303.13	-325.18	303.13	80.884375	108.3850625	1-M_MR_5_AAPF-100	Jakes Gym	
Felts, Jerry	60	M_MR_5_APF	80	82.5	0.6578	286.60	-303.13	314.16	314.16	93.7365	125.60691	1-M_MR_5_APF-82.5		
Jacobson, Bob (apf)	60	M_MR_5_APF	97.3	100	0.58825	270.06	303.13	-325.18	303.13	80.884375	108.3850625	1-M_MR_5_APF-100	Jakes Gym	
Mata, Ben	63	M_MR_5_APF	120.4	125	0.55055	330.69	-352.74	-352.74	330.69	82.5825	117.3497325	1-M_MR_5_APF-125	Flint Barbell Club	
Thomas, Gus (bp)	79	M_MR_8_APF	104.4	110	0.5718	-275.58	297.62	-319.67	297.62	77.193	154.771965	1-M_MR_8_APF-110		
Rotellini, Joey (bp)	30	M_OCR_AAPF	65.4	67.5	0.7691	253.53	264.55	-275.58	264.55	92.292	0	1-M_OCR_AAPF-67.5		
Medacco, Robert (open_bp)	39	M_OR_AAPF	108.3	110	0.565	451.94	457.45	-462.97	457.45	117.2375	0	1-M_OR_AAPF-110		
Sly, Cory	28	M_OR_AAPF	120.8	125	0.5501	363.76	385.81	407.85	407.85	101.7685	0	1-M_OR_AAPF-125		
Schwab, Matt	31	M_OR_APF	93.7	100	0.599	402.34	-424.39	424.39	424.39	115.3075	0	1-M_OR_APF-100		
Scott, Eric	29	M_OR_APF	106.1	110	0.56865	374.78	391.32	413.36	413.36	106.621875	0	1-M_OR_APF-110	Phat Muscle Society	
Medacco, Robert (s mast bp)	39	M_SR_AAPF	108.3	110	0.565	451.94	457.45	-462.97	457.45	117.2375	0	1-M_SR_AAPF-110		

10-Mar-18

## 2018 Michigan APF State Meet - Deadlift Only - Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team	Notes
Fellows, Kaylin (aapf)	15	F_TR_1_AAPF	61.5	67.5	0.9683	70	77.5	82.5	82.5	79.88475	0	1-F_TR_1_AAPF-67.5	Blue Line Barbell	Female Best Raw Dead
Fellows, Kaylin (apf)	15	F_TR_1_APF	61.5	67.5	0.9683	70	77.5	82.5	82.5	79.88475	0	1-F_TR_1_APF-67.5	Blue Line Barbell	
Jensen, Gary	61	M_MCR_5_AAPF	85.2	90	0.6317	125	135	142.5	142.5	90.01725	122.9635635	1-M_MCR_5_AAPF-90		
Little, Art	62	M_MEM_6_AAPF	69.2	75	0.7331	205	215	0	215	157.6165	219.5597845	1-M_MEM_6_AAPF-75	Team Armageddon	
Jones, Kevin	57	M_MR_4_APF	112.9	125	0.55915	180	190	197.5	197.5	110.432125	140.0279345	1-M_MR_4_APF-125		
Allen, William (aapf)	71	M_MR_7_AAPF	86.8	90	0.62465	147.5	155	162.5	162.5	101.505625	170.6309556	1-M_MR_7_AAPF-90	Team Armageddon	Men Best Raw Dead
Allen, William (apf)	71	M_MR_7_APF	86.8	90	0.62465	147.5	155	162.5	162.5	101.505625	170.6309556	1-M_MR_7_APF-90	Team Armageddon	
Thomas, Gus (dl)	79	M_MR_8_APF	104.4	110	0.5718	137.5	162.5	182.5	182.5	104.3535	209.2287675	1-M_MR_8_APF-110		
Langenberg, Matt (aapf)	24	M_OR_AAPF	74.1	75	0.6947	237.5	-245	-245	237.5	164.99125	0	1-M_OR_AAPF-75	Athletic Advantage	
Burres, Cory (aapf)	25	M_OR_AAPF	81.2	82.5	0.6513	222.5	-235	0	222.5	144.91425	0	1-M_OR_AAPF-82.5	Max Limit Crossfit	
Langenberg, Matt (apf)	24	M_OR_APF	74.1	75	0.6947	237.5	-245	-245	237.5	164.99125	0	1-M_OR_APF-75	Athletic Advantage	
Burres, Cory (apf)	25	M_OR_APF	81.2	82.5	0.6513	222.5	-235	0	222.5	144.91425	0	1-M_OR_APF-82.5	Max Limit Crossfit	
McBride, Jonathan	37	M_SR_AAPF	88.3	90	0.61845	237.5	-262.5	-262.5	237.5	146.881875	0	1-M_SR_AAPF-90		

## 2018 Michigan APF State Meet - Deadlift Only - Lb Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team	Notes
Fellows, Kaylin (aapf)	15	F_TR_1_AAPF	61.5	67.5	0.9683	154.32	170.86	181.88	181.88	79.88475	0	1-F_TR_1_AAPF-67.5	Blue Line Barbell	Female Best Raw Dead
Fellows, Kaylin (apf)	15	F_TR_1_APF	61.5	67.5	0.9683	154.32	170.86	181.88	181.88	79.88475	0	1-F_TR_1_APF-67.5	Blue Line Barbell	
Jensen, Gary	61	M_MCR_5_AAPF	85.2	90	0.6317	275.58	297.62	314.16	314.16	90.01725	122.9635635	1-M_MCR_5_AAPF-90		
Little, Art	62	M_MEM_6_AAPF	69.2	75	0.7331	451.94	473.99	0.00	473.99	157.6165	219.5597845	1-M_MEM_6_AAPF-75	Team Armageddon	
Jones, Kevin	57	M_MR_4_APF	112.9	125	0.55915	396.83	418.87	435.41	435.41	110.432125	140.0279345	1-M_MR_4_APF-125		
Allen, William (aapf)	71	M_MR_7_AAPF	86.8	90	0.62465	325.18	341.71	358.25	358.25	101.505625	170.6309556	1-M_MR_7_AAPF-90	Team Armageddon	Men Best Raw Dead
Allen, William (apf)	71	M_MR_7_APF	86.8	90	0.62465	325.18	341.71	358.25	358.25	101.505625	170.6309556	1-M_MR_7_APF-90	Team Armageddon	
Thomas, Gus (dl)	79	M_MR_8_APF	104.4	110	0.5718	303.13	358.25	402.34	402.34	104.3535	209.2287675	1-M_MR_8_APF-110		
Langenberg, Matt (aapf)	24	M_OR_AAPF	74.1	75	0.6947	523.59	-540.13	-540.13	523.59	164.99125	0	1-M_OR_AAPF-75	Athletic Advantage	
Burres, Cory (aapf)	25	M_OR_AAPF	81.2	82.5	0.6513	490.52	-518.08	0.00	490.52	144.91425	0	1-M_OR_AAPF-82.5	Max Limit Crossfit	
Langenberg, Matt (apf)	24	M_OR_APF	74.1	75	0.6947	523.59	-540.13	-540.13	523.59	164.99125	0	1-M_OR_APF-75	Athletic Advantage	
Burres, Cory (apf)	25	M_OR_APF	81.2	82.5	0.6513	490.52	-518.08	0.00	490.52	144.91425	0	1-M_OR_APF-82.5	Max Limit Crossfit	
McBride, Jonathan	37	M_SR_AAPF	88.3	90	0.61845	523.59	-578.71	-578.71	523.59	146.881875	0	1-M_SR_AAPF-90		

10-Mar-18

2018 Michigan APF State Meet - Men HW Full Power - Kg Results

Name	Age	Div	BW(Kg)	WCLs (Kilg)	Coeff	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PL-Div-WCL	Team	Notes	
Mendoza, Zachery	22	M_JCR_AAFP	92.9	100	0.60335	440.92	473.99	501.55	501.55	276.06	296.60	297.62	297.62	799.17	540.13	600.75	578.71	1377.88	377.05375	0	1-M_JCR_AAFP-100				
Branch, Tyler (r)	23	M_JCR_AAFP	108.5	110	0.5647	507.06	523.59	523.59	507.06	308.64	325.18	325.18	308.64	615.70	667.88	586.73	600.75	967.68	1383.39	354.34925	0	1-M_JCR_AAFP-110			
Visser, Caleb (asp)	20	M_JCR_AAFP	111.8	125	0.56005	363.76	385.81	402.34	385.81	275.58	297.62	297.62	275.58	661.38	385.81	418.87	440.92	418.87	1080.25	274.4245	0	1-M_JCR_AAFP-125			Athletic Advantage
Lane, Eric	21	M_JCR_AAFP	94.7	100	0.59585	185	212.5	227.5	227.5	147.5	160	165	165	392.5	277.5	240	220	240	632.5	376.97525	0	1-M_JCR_AAFP-100			Athletic Advantage
Walters, Alexander	22	M_JCR_AAFP	120.2	125	0.55075	165	187.5	205	205	142.5	165	170	170	342.5	205	220	220	220	567	312.5025	0	1-M_JCR_AAFP-125			Athletic Advantage
Visser, Caleb (asp)	20	M_JCR_AAFP	111.8	125	0.56005	363.76	385.81	402.34	385.81	275.58	297.62	297.62	275.58	661.38	385.81	418.87	440.92	418.87	1080.25	274.4245	0	1-M_JCR_AAFP-125			Athletic Advantage
Sophr, Matthew	23	M_JR_AAFP	99.4	100	0.5828	200	227.5	232.5	232.5	156	202.5	202.5	196	427.5	290	260	272.5	260	687.5	400.675	0	1-M_JR_AAFP-100			
Erdmans, James	22	M_JR_AAFP	106.3	110	0.5636	227.5	237.5	237.5	237.5	120	130	130	130	347.5	250	262.5	272.5	272.5	620	348.37	0	1-M_JR_AAFP-110			Unreal/GVSU
Kambas, Thomas	21	M_JR_AAFP	120.3	125	0.5501	215	237.5	237.5	237.5	170	185	190	190	427.5	270	270	270	270	620	370.815	0	1-M_JR_AAFP-125			
Thompson, Josiah	20	M_JR_AAFP	91.7	100	0.60575	215	232.5	232.5	232.5	132.5	140	140	132.5	365	250	250	262.5	262.5	620.5	380.10825	0	1-M_JR_AAFP-100			
Herr, Floyd (asp)	42	M_MCR_1_AAFP	137.4	140	0.5333	102.5	155	185	185	82.5	95	100	100	285	102.5	185	205	205	490	261.317	0	1-M_MCR_1_AAFP-140			RPG
Stoehr, Conan (mst 1)	43	M_MCR_1_AAFP	120.9	125	0.5505	260	275	282.5	282.5	180	170	177.5	170	452.5	272.5	295	295	295	747.5	411.48975	0	1-M_MCR_1_AAFP-125			
Herr, Floyd (asp)	42	M_MCR_1_AAFP	137.4	140	0.5333	102.5	155	185	185	82.5	95	100	100	285	102.5	185	205	205	490	261.317	0	1-M_MCR_1_AAFP-140			RPG
Leck, Mike	50	M_MCR_3_AAFP	112.6	125	0.5589	165	175	175	175	130	137.5	145	145	300	175	175	185	192.5	512.5	296.4975	0	1-M_MCR_3_AAFP-125			Clawson Barbell
Upham, Joe	43	M_MEM_1_AAFP	103.4	110	0.5738	282.5	305	305	282.5	215	227.5	235	235	517.5	227.5	245	255	255	772.5	443.2605	0	1-M_MEM_1_AAFP-110			Main Street Barbell
Seeber, Bob	48	M_MEM_2_AAFP	98.4	100	0.58535	275	297.5	297.5	297.5	190	207.5	212.5	207.5	505	235	265	272.5	265	770	450.7195	0	1-M_MEM_2_AAFP-100			XXX Powerlifting
Seeber, Bob	54	M_MEM_3_AAFP	106.8	110	0.56745	237.5	250	250	250	165	175	0	175	430	227.5	242.5	252.5	252.5	682.5	397.284625	0	1-M_MEM_3_AAFP-110			
Pratt, Jeremiah (mst 1)	44	M_MR_3_AAFP	126.8	140	0.5435	225	232.5	245	245	135	147.5	155	155	380	225	250	272.5	272.5	672.5	365.50375	0	1-M_MR_3_AAFP-140			Alter Ego Army
Ulich, Steve (mast 2)	48	M_MR_2_AAFP	134	140	0.53645	200	215	215	215	135	140	147.5	147.5	382.5	225	232.5	247.5	232.5	615	329.91675	0	1-M_MR_2_AAFP-140			
Pavai, Ryland	51	M_MR_3_AAFP	107.4	110	0.56645	165	182.5	195	195	145	155	170	170	365	200	132.5	142.5	157.5	307.5	189.22475	0	1-M_MR_3_AAFP-110			Clawson Barbell
McGral, John	69	M_MR_3_AAFP	142.2	SHW	0.5293	92.5	102.5	112.5	112.5	87.5	97.5	97.5	87.5	200	132.5	142.5	157.5	157.5	307.5	189.22475	0	1-M_MR_3_AAFP-SHW			Team Santa
Brandon, DJ	28	M_OCR_AAFP	94.2	100	0.5974	187.5	225	227.5	225	147.5	160	147.5	147.5	382.5	225	225	242.5	242.5	565	349.479	0	1-M_OCR_AAFP-100			G Code Nutrition
Holton, Seth	27	M_OCR_AAFP	99.1	100	0.58355	175	185	200	200	110	120	120	110	310	202.5	217.5	227.5	227.5	537.5	313.68125	0	1-M_OCR_AAFP-100			Athletic Advantage
Hockemeyer, Chris	29	M_OCR_AAFP	108.8	110	0.56425	227.5	235	240	235	165	167.5	167.5	165	400	227.5	237.5	242.5	242.5	642.5	362.530625	0	1-M_OCR_AAFP-110			
Megson, Marko	30	M_OCR_AAFP	108.8	110	0.56275	210	227.5	230	227.5	152.5	160	165	165	392.5	250	265	265	260	642.5	361.566875	0	1-M_OCR_AAFP-110			Hybrid Barbell
Coleman, Casey	28	M_OCR_AAFP	106.2	110	0.56845	200	215	230	230	145	155	160	160	380	225	240	240	240	636	360.96575	0	1-M_OCR_AAFP-110			
Branch, Tyler (open)	23	M_OCR_AAFP	108.5	110	0.5647	230	237.5	237.5	230	140	147.5	147.5	140	370	257.5	267.5	272.5	257	627.5	354.34925	0	1-M_OCR_AAFP-110			
Thompson, Conan (open)	43	M_OCR_AAFP	120.9	125	0.5505	260	275	282.5	282.5	180	170	177.5	170	452.5	272.5	295	295	295	747.5	411.48975	0	1-M_OCR_AAFP-125			RPG
Stoehr, Conan (open)	29	M_OCR_AAFP	164.6	SHW	0.5128	225	237.5	242.5	247.5	167.5	177.5	185	177.5	425	282.5	297.5	305	297.5	722.5	370.3638	0	1-M_OCR_AAFP-SHW			
Streeter, David	97.7	100	0.58205	207.5	220	220	220	220	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Massa, Gavin	19	M_OCR_AAFP	96.7	100	0.58995	207.5	225	232.5	232.5	147.5	162.5	172.5	172.5	405	257.5	270	282.5	282.5	627.5	405.690625	0	1-M_OCR_AAFP-100			
Levermore, Elijah	33	M_OCR_AAFP	108.1	110	0.5683	240	260	282.5	282.5	147.5	167.5	185	185	450	232.5	265	272.5	272.5	682.5	408.42925	0	1-M_OCR_AAFP-110			G Code Nutrition
Shaw, Kelvin	28	M_OCR_AAFP	124.1	125	0.5465	265	272.5	280	280	177.5	182.5	187.5	187.5	467.5	292.5	307.5	322.5	322.5	790	431.735	0	1-M_OCR_AAFP-125			
Shaw, Kelvin	28	M_OCR_AAFP	124.1	125	0.5465	265	272.5	280	280	177.5	182.5	187.5	187.5	467.5	292.5	307.5	322.5	322.5	790	431.735	0	1-M_OCR_AAFP-125			
Stuecher, Steve	31	M_OEM_AAFP	109	110	0.56395	377.5	392.5	410	410	205	227.5	235	235	637.5	272.5	282.5	287.5	282.5	920	518.834	0	1-M_OEM_AAFP-110			Team Kroc
Stuecher, Steve	31	M_OEM_AAFP	109	110	0.56395	377.5	392.5	410	410	205	227.5	235	235	637.5	272.5	282.5	287.5	282.5	920	518.834	0	1-M_OEM_AAFP-110			Team Kroc
Isia, Alex (asp)	24	M_OR_AAFP	97.9	100	0.58805	240	247.5	252.5	252.5	155	165	170	170	422.5	250	257.5	265	265	687.5	404.284375	0	1-M_OR_AAFP-100			Men Row Best
Plank, Nathan	25	M_OR_AAFP	97.6	100	0.58745	210	227.5	245	245	130	137.5	147.5	147.5	392.5	205	220	227.5	227.5	620	364.219	0	1-M_OR_AAFP-100			Complete Nutrition
Williams, Mayo	28	M_OR_AAFP	97.2	100	0.58855	185	197.5	207.5	207.5	137.5	145	147.5	145	392.5	227.5	240	250	250	620	354.6010375	0	1-M_OR_AAFP-100			Team Kroc
Medacco, Robert (open)	39	M_OR_AAFP	108.3	110	0.565	200	205	205	200	125	140	147.5	140	340	222.5	232.5	240	240	662.5	374.3125	0	1-M_OR_AAFP-110			
Medacco, Cameron	29	M_OR_AAFP	109.9	110	0.5664	200	205	205	200	125	140	147.5	140	340	222.5	232.5	240	240	660	328.512	0	1-M_OR_AAFP-110			
Ulich, Steve (open)	48	M_OR_AAFP	134	140	0.53645	200	215	215	215	135	140	147.5	147.5	382.5	225	232.5	247.5	232.5	615	329.91675	0	1-M_OR_AAFP-140			
Knowles, Nicholas	26	M_OR_AAFP	135.4	140	0.5351	210	220	227.5	227.5	156	175	190	190	365	212.5	220	227.5	227.5	592.5	317.04675	0	1-M_OR_AAFP-140			Renegade Barbell Club
Isia, Alex (asp)	24	M_OR_AAFP	97.9	100	0.58805	240	247.5	252.5	252.5	155	165	170	170	422.5	250	257.5	265	265	687.5	404.284375	0	1-M_OR_AAFP-100			
Taylor, Tim	25	M_OR_AAFP	96.3	100	0.5911	115	125	135	135	92.5	102.5	110	102.5	237.5	160	175	182.5	182.5	420	248.262	0	1-M_OR_AAFP-100			
Hamilton, Michael	33	M_OR_AAFP	108.3	110	0.565	102.5	125	137.5	137.5	137.5	145	155	155	275	185	205	227.5	227.5	502.5	283.					

11-Mar-18

2018 Michigan APPF State Meet - Lt Men & Women FP - Kg Results

Name	Age	Div	BW(Kg)	WCLs(Kg)	Overmax	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Rk Total	Coef Score	Age & Coef	Pl/Div(WCL)	Team	Notes	
Moldenhauer, Madeline	23	F JR AAPP	57.2	65	1.0263	115	120	130	120	57.5	62.5	57.5	62.5	187.5	135	145	155	142.5	355	255.1385	0	1-F JR AAPP-60		Female Row Boat	
Woolcott, Xyra	21	F JR AAPP	98.9	SHW	0.7187	102.5	125	142.5	142.5	40	52.5	40	52.5	195	225	242.5	160	160	355	255.1385	0	1-F JR APP-SHW			
Fowler, Lon	52	F MCR 3 AAPP	67.5	67.5	0.9366	62.5	70	75	75	40	42.5	45	45	120	42.5	102.5	0	102.5	222.5	206.72625	0	1-F MCR 3 AAPP-67.5			
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Kuffert, Amy (mat 2)	44	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Barney, Michelle (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1625	228.79988	1-F MR 1 AAPP-SHW		
Barney, Michelle (app)	52	F MR 1 AAPP	70.4	75	0.871	77.5	82.5	90	90	62.5	67.5	67.5	62.5	152.5	117.5	122.5	117.5	117.5	290	251.17	294.94305	1-F MR 1 AAPP-SHW		Iron CR Strength	
Choi, Sungha Jo	21	F OCR AAPP	71.1	75	0.8927	110	125	137.5	137.5	60	67.5	70	67.5	137.5	117.5	127.5	117.5	127.5	330	236.02625	296.40205	1-F OCR AAPP-75		Female CR Ben	
Kuffert, Amy (mat 1)	45	F MEM 2 APP	58.7	60	1.0051	192.5	205	215	215	102.5	115	115	115	330	202.5	212.5	212.5	202.5	532.5	535.2175	0	1-F MEM 2 APP-60	Bulletproof Sports	Female Ben B	
Anthony, Rebecca (app)	43	F MR 1 AAPP	109.6	SHW	0.7013	100	100	110	110	70	80	87.5	80	190	100	110	127.5	110	127.5	332.5	219.1				