

APF WOMEN - RAW

Division	Wt. Cl. (kg)	Lifter	Squat (kg)	Date	Lifter	Bench (kg)	Date	Lifter	Deadlift (kg)	Date	Lifter	Total (kg)	Date
Open	44												
Open	48	Kristy McBride	85	3/10/2019	Kristy McBride	57.5	3/10/2019	Kristy McBride	110	3/10/2019	Kristy McBride	252.5	3/10/2019
Open	52												
Open	56				Lee Zietz	60	3/14/2021						
Open	60				Liz Dudek	74.8	1/9/2016	Amy Kozle	155	10/8/2016			
Open	67.5	Gwendolyn Michael	117.5	10/8/2016	Natalie Van Horn	90	2/2/2013	Angelica Soave	150	12/10/2016	Brenda Bowen	305	3/28/2015
Open	75	Danielle Castillo	137.5	6/14/2019	Tracy Draher	110	2/2/2013	Rachel Lindley	172.5	6/13/2015	Rachel Lindley	380	6/13/2015
Open	82.5	Tracy Draher	167.5	6/13/2015	Tracy Draher	125	6/13/2015	Tracy Draher	195	6/13/2015	Tracy Draher	487.5	6/13/2015
Open	90	Janae White	135	6/19/2021	Sabrina Reiffer	85	2/8/2014	Sabrina Reiffer	195	2/8/2014	Janae White	377.5	6/19/2021
Open	100												
Open	110												
Open	SHW	Kim Cunningham	155	3/12/2017	Jasmine Davis	137.5	3/12/2017	Kim Cunningham	205	8/5/2017	Kim Cunningham	427.5	3/12/2017
Teen 13-15	44												
Teen 13-15	48												
Teen 13-15	52												
Teen 13-15	56												
Teen 13-15	60												
Teen 13-15	67.5							Kaylin Fellows	82.5	3/11/2018			
Teen 13-15	75												
Teen 13-15	82.5												
Teen 13-15	90												
Teen 13-15	SHW	Ayla Firer	115	3/10/2019	Ayla Firer	52.5	3/10/2019	Ayla Firer	137.5	10/6/2018	Ayla Firer	297.5	3/10/2019
Teen 16-17	44												
Teen 16-17	48												
Teen 16-17	52												
Teen 16-17	56												
Teen 16-17	60												
Teen 16-17	67.5												
Teen 16-17	75				Darrienne Coffell	57.5	3/12/2017	Darrienne Coffell	120	3/12/2017			
Teen 16-17	82.5												
Teen 16-17	90												
Teen 16-17	SHW												
Teen 18-19	44												
Teen 18-19	48												
Teen 18-19	52												
Teen 18-19	56												
Teen 18-19	60												
Teen 18-19	67.5												
Teen 18-19	75												
Teen 18-19	82.5												
Teen 18-19	90												
Teen 18-19	SHW												
Jr 20-23	44												
Jr 20-23	48												
Jr 20-23	52												
Jr 20-23	56	Hannah Noel	107.5	10/8/2017	Hannah Noel	55	10/8/2017	Hannah Noel	110	10/8/2017	Hannah Noel	272.5	10/8/2017
Jr 20-23	60	Haleigh Siple	107.5	10/8/2017	Angela Hong	60	3/28/2015	Haleigh Siple	140	10/8/2017	Haleigh Siple	305	10/8/2017
Jr 20-23	67.5												
Jr 20-23	75				Kayla Seeley	90	3/12/2017	Kayla Seeley	137.5	3/12/2017			
Jr 20-23	82.5												
Jr 20-23	90	Valerie Gilbert	110	3/11/2016	Valerie Gilbert	75	3/11/2016	Valerie Gilbert	137.5	3/11/2016	Valerie Gilbert	322.5	3/11/2016
Jr 20-23	SHW												
Submaster	44												
Submaster	48	Kristy McBride	85	3/10/2019	Kristy McBride	57.5	3/10/2019	Kristy McBride	110	3/10/2019	Kristy McBride	252.5	3/10/2019
Submaster	52												
Submaster	56												
Submaster	60												
Submaster	67.5												
Submaster	75				Tracy Draher	102.5	7/21/2012						
Submaster	82.5												
Submaster	90	Tera Kinnane	117.5	10/11/2014	Tera Kinnane	65	10/11/2014	Tera Kinnane	145	10/11/2014	Tera Kinnane	327.5	10/11/2014
Submaster	SHW	Kim Cunningham	155	3/12/2017	Kim Cunningham	75	3/12/2017	Kim Cunningham	205	8/5/2017	Kim Cunningham	427.5	3/12/2017
Master 40-44	44												
Master 40-44	48												
Master 40-44	52												
Master 40-44	56												
Master 40-44	60				Tiffany Foss	62.5	3/12/2017	Amy Kozle	155	10/8/2016			
Master 40-44	67.5	Brenda Bowen	102.5	3/28/2015	Natalie Van Horn	87.5	7/21/2012	Brenda Bowen	142.5	3/28/2015	Brenda Bowen	305	3/28/2015
Master 40-44	75	Brenda Bowen	120	3/11/2016	Karon Newbill	77.5	3/10/2019	Karon Newbill	140	3/10/2019	Brenda Bowen	327.5	3/11/2016
Master 40-44	82.5	Renee Laffitte	115	3/11/2018	Renee Laffitte	80	3/11/2018	Renee Laffitte	182.5	3/11/2018	Renee Laffitte	377.5	3/11/2018
Master 40-44	90												
Master 40-44	SHW	Tera Kinnane	162.5	5/6/2016	Tera Kinnane	87.5	5/6/2016	Tera Kinnane	175	5/6/2016	Tera Kinnane	425	5/6/2016
Master45-49	44												
Master45-49	48												
Master45-49	52												
Master45-49	56				Lee Zietz	60	3/14/2021						
Master45-49	60												
Master45-49	67.5	Tina Kinsley	110	6/6/2014	Tina Kinsley	60	6/6/2014	Tina Kinsley	122.5	6/6/2014	Tina Kinsley	292.5	6/6/2014
Master45-49	75				Lisa Jacobson	65	3/15/2020	Kimberly Murphy	107.5	1/9/2016			
Master45-49	82.5	Tina Puckett	85	10/24/2015	Sara Young	75	3/28/2015	Tina Puckett	120	10/24/2015	Tina Puckett	250	10/24/2015
Master45-49	90	Ann Kuipers	110	6/14/2019	Ann Kuipers	75	6/14/2019	Lynda Ward	170	6/13/2019	Lynda Ward	277.5	3/10/2019
Master45-49	SHW	Mindy Fillmore	95	10/6/2018	Autumn Elliott	70	6/13/2019	Mindy Fillmore	115	10/6/2018	Mindy Fillmore	275	10/6/2018
Master 50-54	44												
Master 50-54	48												
Master 50-54	52												
Master 50-54	56												
Master 50-54	60												
Master 50-54	67.5				Terri Callender	52.5	6/11/2015						
Master 50-54	75												
Master 50-54	82.5	Beth Macauley	70	3/11/2016	Beth Macauley	60	3/11/2016	Beth Macauley	107.5	3/11/2016	Beth Macauley	237.5	3/11/2016
Master 50-54	90												
Master 50-54	SHW				Diane Winner	97.5	6/13/2019	Diane Winner	162.5	6/13/2019			
Master 55-59	44												
Master 55-59	48												
Master 55-59	52												
Master 55-59	56												
Master 55-59	60				Liz Dudek	75	11/7/2016						

