

11-Mar-23 2023 MICHIGAN APF STATE CHAMPIONSHIPS - MEN-Kg FULL POWER Results

Name	Age	Div	BWt (Kg)	WCIs (Kt)	Glossbreaker	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
John McGrail	74	M_MR_7_APF	124.4	125	0.54615	-77.5	97.5	-105	97.5	70	80	-87.5	80	177.5	-102.5	112.5	132.5	132.5	310	169.3065	303.9051675	1-M_MR_7_APF-125	Santa
Bob Jacobson	65	M_MCR_6_AAPF	97.5	100	0.58775	-117.5	117.5	125	125	-115	117.5	125	125	250	140	147.5	160	160	410	240.9775	356.6467	1-M_MCR_6_AAPF-100	Jake's Gym
Bob Jacobson	65	M_MCR_6_APF	97.8	100	0.58695	-117.5	117.5	125	125	-115	117.5	125	125	250	140	147.5	160	160	410	240.6495	356.16126	1-M_MCR_6_APF-100	Jake's Gym
Kenneth Ligon	65	M_MR_6_AAPF	100.6	110	0.57985	105	112.5	-122.5	112.5	70	77.5	82.5	82.5	195	155	160	165	360	208.746	308.94408	1-M_MR_6_AAPF-110		
Douglas Nostrand	55	M_MCR_4_APF	88.6	90	0.6173	232.5	245	252.5	252.5	162.5	175	-182.5	175	427.5	220	-240	220	647.5	399.70175	489.6346438	1-M_MCR_4_APF-90	Alpha Fitness/Great Lakes Powerlifting	
Mike Dehner	54	M_MCR_3_APF	86.2	90	0.62725	235	-260	260	260	132.5	137.5	142.5	142.5	402.5	227.5	247.5	252.5	252.5	655	410.84875	494.661895	1-M_MCR_3_APF-90	Snip Back
Thomas Zurek	45	M_MCR_2_AAPF	88.9	90	0.61815	125	142.5	-162.5	142.5	107.5	122.5	-140	122.5	265	-125	142.5	167.5	432.5	267.349875	282.0541181	1-M_MCR_2_AAPF-90		
Jeffrey Perry	48	M_MCR_2_APF	107.3	110	0.56665	210	230	230	230	132.5	137.5	-140	137.5	367.5	225	237.5	237.5	605	342.82325	376.0771053	1-M_MCR_2_APF-110	Armageddon	
Gon Whinsant	47	M_MR_2_APF	115.3	120	0.55585	110	120	130	130	102.5	102.5	-115	102.5	232.5	127.5	150	182.5	415	230.67775	249.593255	1-M_MR_2_APF-125	Pride Barbell Club	
Gary Matt	40	M_MCR_1_AAPF	123.4	125	0.5473	-185	205	-225	205	145	157.5	-162.5	157.5	362.5	210	225	-245	225	587.5	321.53875	321.53875	1-M_MCR_1_AAPF-125	
Wes Kania	40	M_MCR_1_AAPF	117	125	0.55405	145	152.5	160	160	120	125	-132.5	125	285	155	170	182.5	467.5	259.018375	259.018375	1-M_MCR_1_AAPF-125		
Charles Halasz	40	M_MR_1_APF	85.1	90	0.63215	-170	175	180	180	-122.5	127.5	130	130	310	220	230	240	550	347.6825	347.6825	1-M_MR_1_APF-90		
Anthony Celini	36	M_SR_AAPF	74.5	75	0.69195	197.5	210	220	220	135	145	-150	145	365	240	255	260	625	432.46875	0	1-M_SR_AAPF-75		
Marcell Glover	33	M_SR_AAPF	88.7	90	0.61685	182.5	187.5	-195	187.5	180	182.5	185	185	372.5	235	245	-257.5	245	617.5	380.904875	0	1-M_SR_AAPF-90	
Anthony Tiffin	23	M_JCR_AAPF	73.9	75	0.69985	142.5	155	165	165	102.5	107.5	115	115	280	177.5	197.5	207.5	207.5	487.5	341.176875	0	1-M_JCR_AAPF-75	
Nick Sikorski	20	M_JR_AAPF	89.4	90	0.61415	185	195	212.5	212.5	120	125	132.5	132.5	345	220	230	-240	230	575	353.13625	0	1-M_JR_AAPF-90	
Jacob Wentz	19	M_TCR_3_AAPF	79.9	82.5	0.6613	130	152.5	177.5	177.5	80	97.5	110	110	287.5	147.5	170	182.5	182.5	470	310.811	0	1-M_TCR_3_AAPF-82.5	
Joseph Assen	18	M_TCR_3_AAPF	100.2	110	0.58085	192.5	215	232.5	232.5	132.5	147.5	160	160	392.5	225	252.5	272.5	665	386.26525	0	1-M_TCR_3_AAPF-110		
Jacob Georgiu	16	M_TCR_2_AAPF	58.1	60	0.85965	-147.5	-155	-155	0	72.5	85	-92.5	85	0	182.5	190	195	195	0	0	0	0	
Alex Wisner	17	M_TCR_2_AAPF	67.5	67.5	0.7484	92.5	97.5	102.5	102.5	60	-67.5	60	162.5	117.5	127.5	137.5	137.5	300	224.52	0	1-M_TCR_2_AAPF-67.5		
Timothy Webster	16	M_TCR_2_AAPF	88.3	90	0.61845	165	-185	-185	165	87.5	92.5	-95	92.5	257.5	157.5	170	182.5	440	272.118	0	1-M_TCR_2_AAPF-90	Snip Back	
Alexander Photiou	16	M_TCR_2_AAPF	90.6	100	0.60965	135	-147.5	-147.5	135	57.5	62.5	65	65	200	160	177.5	182.5	382.5	233.191125	0	1-M_TCR_2_AAPF-100	Snip Back	
Liam Reuter	17	M_TR_2_AAPF	70.8	75	0.7197	120	-132.5	140	140	102.5	107.5	-112.5	107.5	247.5	170	187.5	-207.5	187.5	435	313.0695	0	1-M_TR_2_AAPF-75	Iron Pike
Miles Sterling	14	M_TCR_1_AAPF	110.9	125	0.5618	140	165	170	170	75	80	-82.5	80	250	152.5	-160	160	410	230.338	0	1-M_TCR_1_AAPF-125	Snip Back	
Andrew Heberling	25	M_OES_AAPF	77.6	82.5	0.6718	-235	235	247.5	247.5	-142.5	-142.5	142.5	142.5	390	210	230	-232.5	230	620	416.516	0	1-M_OES_AAPF-82.5	
Aaron Huff	28	M_OEM_APF	93.4	100	0.59995	-305	305	-320	305	-197.5	-197.5	0	0	265	0	0	0	0	0	0	0	0	Pride Barbell Club
Matt Kaas	30	M_OEM_APF	108.1	110	0.5653	307.5	342.5	-365	342.5	212.5	-227.5	-227.5	212.5	555	265	-287.5	-287.5	265	820	463.546	0	1-M_OEM_APF-110	RPD
Derek Lankford	34	M_OEM_APF	109	110	0.56395	-352.5	-352.5	-352.5	0	272.5	0	0	0	0	0	0	0	0	0	0	0	0	Hardbar Crew
Ray Vandermei	35	M_OEM_APF	136.3	140	0.5343	307.5	-320	320	320	-220	220	220	230	550	265	-280	280	280	830	443.469	0	1-M_OEM_APF-140	
Don Robertson	26	M_OCR_AAPF	82.5	82.5	0.6652	195	-210	-210	195	140	145	-150	145	340	245	262.5	-272.5	262.5	620	400.783	0	1-M_OCR_AAPF-82.5	Armageddon
Travis Colnaghi	31	M_OCR_AAPF	81.2	82.5	0.6513	195	200	205	205	115	120	-125	120	325	227.5	235	-237.5	235	560	364.728	0	2-M_OCR_AAPF-82.5	
Elmond Bejtovic	27	M_OCR_AAPF	87.6	90	0.62135	155	165	165	165	110	115	110	110	280	205	220	220	500	310.675	0	1-M_OCR_AAPF-90	Armageddon	
Lester Villalpando	28	M_OCR_AAPF	97.1	100	0.58885	175	185	192.5	192.5	130	142.5	152.5	152.5	345	185	215	227.5	572.5	337.116625	0	1-M_OCR_AAPF-100		
Gary Matt	40	M_OCR_AAPF	123.4	125	0.5473	-185	205	-225	205	145	157.5	-162.5	157.5	362.5	210	225	-245	225	587.5	321.53875	0	1-M_OCR_AAPF-125	
Austin Cooper	38	M_OCR_AAPF	136.7	140	0.53395	-260	260	-265	260	180	182.5	185	185	445	260	275	-282.5	275	720	384.444	0	1-M_OCR_AAPF-140	
Mike Dehner	54	M_OCR_APF	86.2	90	0.62725	235	-260	260	260	132.5	137.5	142.5	142.5	402.5	227.5	247.5	252.5	655	410.84875	494.661895	1-M_OCR_APF-90	Snip Back	
Douglas Nostrand	55	M_OCR_APF	88.6	90	0.6173	232.5	245	252.5	252.5	162.5	175	-182.5	175	427.5	220	-240	220	647.5	399.70175	489.6346438	1-M_OCR_APF-90	Alpha Fitness/Great Lakes Powerlifting	
Jeremy Goss	35	M_OCR_APF	99.4	100	0.5828	302.5	322.5	-335	322.5	185	190	-195	190	512.5	227.5	240	-247.5	240	431.272	0	1-M_OCR_APF-100		
Sean Weaver	36	M_OCR_APF	107	110	0.5671	170	-180	180	180	102.5	110	-115	110	290	210	225	235	525	297.7275	0	1-M_OCR_APF-110	RPD	
Isaiah Grice	32	M_OCR_APF	124	125	0.5466	365	380	400	400	225	235	240	240	640	-357.5	357.5	-382.5	357.5	997.5	545.2335	0	1-M_OCR_APF-125	Michigan BarBenders
Michael McGowan	37	M_OCR_APF	135.8	140	0.5347	-347.5	347.5	-370	347.5	165	-177.5	-177.5	165	512.5	-260	-260	0	0	0	0	0	0	
Alexander Huling	28	M_OR_APF	73.7	75	0.69755	190	200	210	210	110	120	130	130	340	220	232.5	245	245	585	408.06675	0	1-M_OR_APF-75	
Charles Halasz	40	M_OR_APF	85.1	90	0.63215	-170	175	180	180	-122.5	127.5	130	130	310	220	230	240	550	347.6825	347.6825	1-M_OR_APF-90		
Quin Malone	24	M_OR_APF	88.6	90	0.6173	180	182.5	185	185	105	110	-115	110	295	182.5	185	190	190	485	299.3905	0	2-M_OR_APF-90	
Garek Henry	35	M_OR_APF	104.9	110	0.57175	182.5	200	-207.5	200	127.5	142.5	-152.5	142.5	342.5	230	240	247.5	590	337.3325	0	1-M_OR_APF-110		

11-Mar-23 2023 MICHIGAN APF STATE CHAMPIONSHIPS - MEN-Kg BENCH ONLY Results

Name	Age	Div	BWt (Kg)	WCIs (Kt)	Glossbreaker	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
William Allen	76	M_MR_8_AAPF	80.2	82.5	0.6567	60	67.5	75	75	49.2525	92.39769	1-M_MR_8_AAPF-82.5	Armageddon
William Allen	76	M_MR_8_APF	80.2	82.5	0.6567	60	67.5	75	75	49.2525	92.39769	1-M_MR_8_APF-82.5	Armageddon
Bob Jacobson	65	M_MR_6_AAPF	97.8	100	0.58695	-115	117.5	125	125	73.36875	108.58575	1-M_MR_6_AAPF-100	
David Draheim	66	M_MR_6_APF	76.3	82.5	0.67995	57.5	62.5	-67.5	62.5	42.49687	64.212778	1-M_MR_6_APF-82.5	Pride Barbell Club
Ben Mata	68	M_MR_6_AAPF	119.2	125	0.55175	122.5	127.5	-137.5	127.5	70.34812	110.86864	1-M_MR_6_AAPF-125	Pride Barbell Club
Dan Schwab	54	M_MR_3_APF	81.5	82.5	0.64975	-172.5	-172.5	-172.5	0	0	0	0	
Mike Wright	45	M_MR_2_AAPF	74.1	75	0.6947	120	-125	-137.5	120	83.364	87.94902	1-M_MR_2_AAPF-75	Pride Barbell Club
Joshua Keasler	47	M_MR_2_APF	74.8	75	0.6899	92.5	-100	-100	92.5	63.81575	69.048641	1-M_MR_2_APF-75	Pride Barbell Club
Jack Perkins	48	M_MR_2_APF	103.5	110	0.57355	147.5	152.5	-152.5	152.5	87.46637	95.950613	1-M_MR_2_APF-110	Armageddon
David Kuznia	44	M_MR_1_APF	89.7	90	0.613	145	-147.5	-147.5	145	88.885	92.707055	1-M_MR_1_APF-90	
David Kuznia	44	M_MR_1_AAPF	89.7	90	0.613	145	-147.5	-147.5	145	88.885	92.707055	1-M_MR_1_AAPF-90	
Gregory Barger	36	M_SR_AAPF	82.4	82.5	0.6451	97.5	107.5	-112.5	107.5	69.34825	0	1-M_SR_AAPF-82.5	Cimmerian Barbell
Marcell Glover	33	M_SR_AAPF	88.7	90	0.61685	180	182.5	185	185	114.1172	0	1-M_SR_AAPF-90	
Jonathan Macauley	35	M_SR_AAPF	87.9	90	0.62225	87.5	97.5	-97.5	87.5	54.44687	0	2-M_SR_AAPF-90	Pride Barbell Club
Caden													

11-Mar-23 2023 MICHIGAN APF STATE CHAMPIONSHIPS - MEN-Kg PUSH/PULL Results

Name	Age	Div	BWt (Kg)	WCIs (Kt)	Glossbreaker	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Justin Fargo	50	M_MR_3_APF	105	110	0.57065	125	137.5	142.5	142.5	215	222.5	-232.5	222.5	365	208.28725	235.364592	1-M_MR_3_APF-110	Pride Barbell Club
Marcell Glover	33	M_SR_AAPF	88.7	90	0.61685	180	182.5	185	185	235	245	-257.5	245	430	265.2455	0	1-M_SR_AAPF-90	
Greg Joslin	37	M_SR_APF	97.4	100	0.588	125	137.5	142.5	137.5	175	187.5	200	200	337.5	198.45	0	1-M_SR_APF-100	Pride Barbell Club
Bradley Coleman	38	M_SR_APF	118.1	125	0.5529	110	115	120	120	175	187.5	-200	187.5	307.5	170.01675	0	1-M_SR_APF-125	Pride Barbell Club
Scotty Clendenon	14	M_TR_1_AAPF	106.4	110	0.5681	60	70	-75	70	117.5	120	127.5	127.5	197.5	112.19975	0	1-M_TR_1_AAPF-110	Raw Mana
James Gaddy	26	M_OR_AAPF	117.1	125	0.55395	175	185	192.5	192.5	257.5	265	275	275	467.5	258.97162	0	1-M_OR_AAPF-125	Armageddon

12-Mar-23 2023 MICHIGAN APF STATE CHAMPIONSHIPS - WOMEN-Kg FULL POWER Results

Name	Age	Div	BWt (Kg)	WCIs (Kt)	Glossbreaker	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Lori Fowler	57	F_MCR_4_AAPF	66.7	67.5	0.90805	87.5	92.5		92.5	-40	42.5	-47.5	42.5	135	87.5	97.5	102.5	102.5	237.5	215.661875	273.4592575	1-F_MCR_4_AAPF-67.5	Basement Barbell
Candi Nostrant	52	F_MCR_3_APF	64.6	67.5	0.93115	165	172.5	-182.5	172.5	100	105	-110	105	277.5	167.5	177.5	180	177.5	455	423.67325	493.5793363	1-F_MCR_3_APF-67.5	Alpha Fitness/Great Lakes Powerlifting
Paula Laws	54	F_MR_3_AAPF	75.7	82.5	0.831	60	70	75	30	35	40	40	40	115	85	92.5	-105	92.5	207.5	172.4325	207.60873	1-F_MR_3_AAPF-82.5	
Shari Scherzer	46	F_MCR_2_AAPF	66.8	67.5	0.907	82.5	82.5	92.5	92.5	42.5	45	-47.5	45	137.5	112.5	117.5	122.5	122.5	260	235.82	251.85576	1-F_MCR_2_AAPF-67.5	GR Strength
Shari Scherzer	46	F_MCR_2_APF	66.8	67.5	0.907	82.5	82.5	92.5	92.5	42.5	45	-47.5	45	137.5	112.5	117.5	122.5	122.5	260	235.82	251.85576	1-F_MCR_2_APF-67.5	GR Strength
Alia Compton	46	F_MR_2_AAPF	64.7	67.5	0.93	105	117.5	-130	117.5	52.5	57.5	-60	57.5	175	112.5	125	-137.5	125	300	279	297.972	1-F_MR_2_AAPF-67.5	GR Strength
Jennifer Orr-Reek	46	F_MR_2_AAPF	74.3	75	0.8414	107.5	-112.5	112.5	112.5	50	52.5	-55	52.5	165	107.5	120	-127.5	127.5	292.5	246.1095	262.844946	1-F_MR_2_AAPF-75	GR Strength
Elizabeth Matz	46	F_MR_2_AAPF	89.6	90	0.74925	37.5	42.5	50	50	45	50	-55	55	105	92.5	107.5	122.5	122.5	227.5	170.454375	182.0452725	1-F_MR_2_AAPF-90	RPG
Alia Compton	46	F_MR_2_APF	64.7	67.5	0.93	105	117.5	-130	117.5	52.5	57.5	-60	57.5	175	112.5	125	-137.5	125	300	279	297.972	1-F_MR_2_APF-67.5	GR Strength
Crystal Payne	40	F_MCR_1_AAPF	85.4	90	0.7703	55	57.5	62.5	62.5	35	37.5	42.5	42.5	105	85	90	92.5	92.5	197.5	152.13425	152.13425	1-F_MCR_1_AAPF-90	
Crystal Payne	40	F_MCR_1_APF	85.4	90	0.7703	55	57.5	62.5	62.5	35	37.5	42.5	42.5	105	85	90	92.5	92.5	197.5	152.13425	152.13425	1-F_MCR_1_APF-90	
Spring McKeever	40	F_MR_1_AAPF	58.2	60	1.012	65	67.5	70	70	40	-42.5	42.5	42.5	112.5	85	87.5	90	90	202.5	204.93	204.93	1-F_MR_1_AAPF-60	
Spring McKeever	40	F_MR_1_APF	58.2	60	1.012	65	67.5	70	70	40	-42.5	42.5	42.5	112.5	85	87.5	90	90	202.5	204.93	204.93	1-F_MR_1_APF-60	
Paige Davis	37	F_SCR_APF	59	60	1.001	-140	140	152.5	152.5	92.5	95	97.5	97.5	250	165	-172.5	165	415	415	415	0	1-F_SCR_APF-60	Doyon Dungeon Powerlifting
Candida Turner	38	F_SCR_APF	98.1	100	0.721	-175	175	-182.5	175	72.5	77.5	80	80	255	177.5	195	-202.5	195	450	324.45	0	1-F_SCR_APF-100	RPG
Jackie Gutowski	33	F_SR_AAPF	73.3	75	0.8491	102.5	115	125	125	62.5	80	-82.5	80	205	120	135	-150	135	340	288.694	0	1-F_SR_AAPF-75	
Crystal Cervantes	39	F_SR_AAPF	118.3	SHW	0.68	105	112.5	120	120	72.5	-77.5	-77.5	72.5	192.5	140	147.5	-152.5	147.5	340	231.2	0	1-F_SR_AAPF-SHW	GR Strength
Balley Owens	22	F_JR_AAPF	90.6	100	0.74535	90	100	115	115	52.5	60	-65	60	175	115	122.5	137.5	137.5	312.5	232.921875	0	1-F_JR_AAPF-100	RPG
Kelsey Trombly	19	F_TR_3_AAPF	73.9	75	0.84445	125	137.5	145	145	82.5	90	95	95	240	147.5	162.5	167.5	167.5	407.5	344.133375	0	1-F_TR_3_AAPF-75	
Madison Faraj	18	F_TCR_3_APF	73.1	75	0.8507	112.5	127.5	-137.5	127.5	60	72.5	75	75	205	142.5	155	165	165	367.5	312.63225	0	1-F_TCR_3_APF-75	RPG
Anna Photiou	16	F_TCR_2_AAPF	58.3	60	1.0107	57.5	62.5	70	70	35	-40	-42.5	35	105	92.5	102.5	117.5	117.5	222.5	224.88075	0	1-F_TCR_2_AAPF-60	Team Snipback
Georgia Brewer	17	F_TCR_2_AAPF	69.2	75	0.8835	70	77.5	85	85	35	40	45	45	130	87.5	97.5	-105	97.5	227.5	200.96625	0	1-F_TCR_2_AAPF-75	Team Snipback
Gigi Garza	16	F_TCR_2_AAPF	102.8	110	0.7082	122.5	137.5	-147.5	137.5	60	70	-75	70	207.5	125	130	137.5	137.5	345	244.329	0	1-F_TCR_2_AAPF-110	Raw Mana
Olivia Gomyory	17	F_TR_2_APF	87.7	90	0.7584	130	-137.5	137.5	130	62.5	67.5	-72.5	67.5	197.5	150	-157.5	150	347.5	263.544	0	1-F_TR_2_APF-90		
Abbi McClellan	15	F_TR_1_AAPF	51.1	52	1.123	42.5	47.5	-60	47.5	30	37.5	-52.5	37.5	85	72.5	80	87.5	87.5	172.5	193.7175	0	1-F_TR_1_AAPF-52	Jdfit
Layla Bodnar	15	F_TR_1_AAPF	73.7	75	0.84605	102.5	107.5	112.5	112.5	47.5	50	-55	50	162.5	120	127.5	-137.5	127.5	290	245.3545	0	1-F_TR_1_AAPF-75	Armageddon
Layla Bodnar	15	F_TR_1_APF	73.7	75	0.84605	102.5	107.5	112.5	112.5	47.5	50	-55	50	162.5	120	127.5	-137.5	127.5	290	245.3545	0	1-F_TR_1_APF-75	Armageddon
Briana Maison	32	F_OCR_AAPF	47.5	48	1.1884	80	87.5	-87.5	80	35	40	-45	35	115	75	80	87.5	87.5	202.5	340.651	0	1-F_OCR_AAPF-48	
Lauren Brown	29	F_OCR_AAPF	54.6	56	1.0653	100	107.5	112.5	112.5	55	60	-65	60	172.5	132.5	140	-142.5	140	312.5	332.90625	0	1-F_OCR_AAPF-56	
Isabella Suchowian	26	F_OCR_AAPF	60	60	0.9876	72.5	85	-92.5	85	-45	-50	-50	0	100	-105	-105	100	0	0	0	0	0	0
Grace Scala	29	F_OCR_APF	53.7	56	1.0796	-67.5	80	87.5	87.5	60	65	67.5	67.5	155	95	112.5	127.5	127.5	282.5	304.987	0	1-F_OCR_APF-56	
Paige Davis	37	F_OCR_APF	59	60	1.001	-140	140	152.5	152.5	92.5	95	97.5	97.5	250	165	-172.5	165	415	415	415	0	1-F_OCR_APF-60	Doyon Dungeon Powerlifting
Candi Nostrant	52	F_OCR_APF	64.6	67.5	0.93115	165	172.5	-182.5	172.5	100	105	-110	105	277.5	167.5	177.5	-180	177.5	455	423.67325	493.5793363	1-F_OCR_APF-67.5	Alpha Fitness/Great Lakes Powerlifting
Vanisa Patel	27	F_OR_AAPF	64	67.5	0.93805	92.5	100	-105	100	50	55	-60	55	155	132.5	142.5	147.5	147.5	302.5	283.760125	0	1-F_OR_AAPF-67.5	Armageddon
Joey Burba	31	F_OR_AAPF	132.8	SHW	0.66245	102.5	112.5	122.5	122.5	60	67.5	-72.5	67.5	195	115	132.5	150	150	345	228.54525	0	1-F_OR_AAPF-SHW	
Vanisa Patel	27	F_OR_APF	64	67.5	0.93805	92.5	100	-105	100	50	55	-60	55	155	132.5	142.5	147.5	147.5	302.5	283.760125	0	1-F_OR_APF-67.5	Armageddon
Elizabeth Philpott	32	F_OR_APF	63.1	67.5	0.94865	65	70	-75	70	32.5	35	-40	35	105	92.5	97.5	105	105	210	199.2165	0	2-F_OR_APF-67.5	GR Strength
Kathryn Hudson	28	F_OR_APF	78.4	82.5	0.8122	85	100	110	110	52.5	65	-75	65	175	112.5	132.5	145	145	320	259.904	0	1-F_OR_APF-82.5	

12-Mar-23 2023 MICHIGAN APF STATE CHAMPIONSHIPS - WOMEN-Kg BENCH ONLY Results

Name	Age	Div	BWt (Kg)	WCIs (Kt)	Glossbreaker	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Janet Sink	80	F_MR_9_AAPF	91.9	100	0.7407	-42.5	45	47.5	47.5	35.18325	72.125662	1-F_MR_9_AAPF-100	
Liz Dudek	65	F_MR_6_APF	66.9	67.5	0.90595	62.5	67.5	72.5	72.5	65.68137	97.208435	1-F_MR_6_APF-67.5	
Amy Barton	49	F_MR_2_AAPF	59.2	60	0.99835	57.5	-62.5	65	65	64.89275	72.225630	1-F_MR_2_AAPF-60	Pride Barbell Club
Jennifer Keasler	42	F_MR_1_AAPF	58.1	60	1.0135	50	52.5	55	55	55.7425	56.85735	1-F_MR_1_AAPF-60	Pride Barbell Club
Olivia Gomyory	17	F_TR_2_APF	87.7	90	0.7584	62.5	67.5	-72.5	67.5	51.192	0	1-F_TR_2_APF-90	

12-Mar-23 2023 MICHIGAN APF STATE CHAMPIONSHIPS - WOMEN-Kg DEADLIFT ONLY Results

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2023 Michigan APF State Championships

March 11-12th, 2023

Presented By:
Rochester Performance Gym
1962 Star Batt Dr.
Rochester Hills, MI 48309



DIVISIONS

M_OR_APF	Male Open Raw APF	M_MR_3_APF	Male Master 3 Raw APF: 50-54	F_OR_APF	Female Open Raw APF	F_MR_3_APF	Female Master 3 Raw APF: 50-54
M_OR_AAFP	Male Open Raw AAFF	M_MR_3_AAFP	Male Master 3 Raw AAFF: 50-54	F_OR_AAFP	Female Open Raw AAFF	F_MR_3_AAFP	Female Master 3 Raw AAFF: 50-54
M_OCR_APF	Male Open Classic Raw APF	M_MCR_3_APF	Male Master 3 Classic Raw APF: 50-54	F_OCR_APF	Female Open Classic Raw APF	F_MCR_3_APF	Female Master 3 Classic Raw APF: 50-54
M_OCR_AAFP	Male Open Classic Raw AAFF	M_MCR_3_AAFP	Male Master 3 Classic Raw AAFF: 50-54	F_OCR_AAFP	Female Open Classic Raw AAFF	F_MCR_3_AAFP	Female Master 3 Classic Raw AAFF: 50-54
M_OEM_APF	Male Open Equipped Multiply APF	M_MEM_3_APF	Male Master 3 Equipped Multiply APF: 50-54	F_OEM_APF	Female Open Equipped Multiply APF	F_MEM_3_APF	Female Master 3 Equipped Multiply APF: 50-54
M_OEM_AAFP	Male Open Equipped Multiply AAFF	M_MEM_3_AAFP	Male Master 3 Equipped Multiply AAFF: 50-54	F_OEM_AAFP	Female Open Equipped Multiply AAFF	F_MEM_3_AAFP	Female Master 3 Equipped Multiply AAFF: 50-54
M_OES_APF	Male Open Equipped Single-Ply APF	M_MES_3_APF	Male Master 3 Equipped Single-Ply APF: 50-54	F_OES_APF	Female Open Equipped Single-Ply APF	F_MES_3_APF	Female Master 3 Equipped Single-Ply APF: 50-54
M_OES_AAFP	Male Open Equipped Single-Ply AAFF	M_MES_3_AAFP	Male Master 3 Equipped Single-Ply AAFF: 50-54	F_OES_AAFP	Female Open Equipped Single-Ply AAFF	F_MES_3_AAFP	Female Master 3 Equipped Single-Ply AAFF: 50-54
M_TR_1_APF	Male Teen 1 Raw APF: 13-15	M_MR_4_APF	Male Master 4 Raw APF: 55-59	F_TR_1_APF	Female Teen 1 Raw APF: 13-15	F_MR_4_APF	Female Master 4 Raw APF: 55-59
M_TR_1_AAFP	Male Teen 1 Raw AAFF: 13-15	M_MR_4_AAFP	Male Master 4 Raw AAFF: 55-59	F_TR_1_AAFP	Female Teen 1 Raw AAFF: 13-15	F_MR_4_AAFP	Female Master 4 Raw AAFF: 55-59
M_TCR_1_APF	Male Teen 1 Classic Raw APF: 13-15	M_MCR_4_APF	Male Master 4 Classic Raw APF: 55-59	F_TCR_1_APF	Female Teen 1 Classic Raw APF: 13-15	F_MCR_4_APF	Female Master 4 Classic Raw APF: 55-59
M_TCR_1_AAFP	Male Teen 1 Classic Raw AAFF: 13-15	M_MCR_4_AAFP	Male Master 4 Classic Raw AAFF: 55-59	F_TCR_1_AAFP	Female Teen 1 Classic Raw AAFF: 13-15	F_MCR_4_AAFP	Female Master 4 Classic Raw AAFF: 55-59
M_TEM_1_APF	Male Teen 1 Equipped Multiply APF: 13-15	M_MEM_4_APF	Male Master 4 Equipped Multiply APF: 55-59	F_TEM_1_APF	Female Teen 1 Equipped Multiply APF: 13-15	F_MEM_4_APF	Female Master 4 Equipped Multiply APF: 55-59
M_TES_1_APF	Male Teen 1 Equipped Single-Ply APF: 13-15	M_MES_4_APF	Male Master 4 Equipped Single-Ply APF: 55-59	F_TES_1_APF	Female Teen 1 Equipped Single-Ply APF: 13-15	F_MES_4_APF	Female Master 4 Equipped Single-Ply APF: 55-59
M_TES_1_AAFP	Male Teen 1 Equipped Single-Ply AAFF: 13-15	M_MES_4_AAFP	Male Master 4 Equipped Single-Ply AAFF: 55-59	F_TES_1_AAFP	Female Teen 1 Equipped Single-Ply AAFF: 13-15	F_MES_4_AAFP	Female Master 4 Equipped Single-Ply AAFF: 55-59
M_TR_2_APF	Male Teen 2 Raw APF: 16-17	M_MR_5_APF	Male Master 5 Raw APF: 60-64	F_TR_2_APF	Female Teen 2 Raw APF: 16-17	F_MR_5_APF	Female Master 5 Raw APF: 60-64
M_TR_2_AAFP	Male Teen 2 Raw AAFF: 16-17	M_MR_5_AAFP	Male Master 5 Raw AAFF: 60-64	F_TR_2_AAFP	Female Teen 2 Raw AAFF: 16-17	F_MR_5_AAFP	Female Master 5 Raw AAFF: 60-64
M_TCR_2_APF	Male Teen 2 Classic Raw APF: 16-17	M_MCR_5_APF	Male Master 5 Classic Raw APF: 60-64	F_TCR_2_APF	Female Teen 2 Classic Raw APF: 16-17	F_MCR_5_APF	Female Master 5 Classic Raw APF: 60-64
M_TCR_2_AAFP	Male Teen 2 Classic Raw AAFF: 16-17	M_MCR_5_AAFP	Male Master 5 Classic Raw AAFF: 60-64	F_TCR_2_AAFP	Female Teen 2 Classic Raw AAFF: 16-17	F_MCR_5_AAFP	Female Master 5 Classic Raw AAFF: 60-64
M_TEM_2_APF	Male Teen 2 Equipped Multiply APF: 16-17	M_MEM_5_APF	Male Master 5 Equipped Multiply APF: 60-64	F_TEM_2_APF	Female Teen 2 Equipped Multiply APF: 16-17	F_MEM_5_APF	Female Master 5 Equipped Multiply APF: 60-64
M_TES_2_APF	Male Teen 2 Equipped Single-Ply APF: 16-17	M_MES_5_APF	Male Master 5 Equipped Single-Ply APF: 60-64	F_TES_2_APF	Female Teen 2 Equipped Single-Ply APF: 16-17	F_MES_5_APF	Female Master 5 Equipped Single-Ply APF: 60-64
M_TR_3_APF	Male Teen 3 Raw APF: 18-19	M_MR_6_APF	Male Master 6 Raw APF: 65-69	F_TR_3_APF	Female Teen 3 Raw APF: 18-19	F_MR_6_APF	Female Master 6 Raw APF: 65-69
M_TR_3_AAFP	Male Teen 3 Raw AAFF: 18-19	M_MR_6_AAFP	Male Master 6 Raw AAFF: 65-69	F_TR_3_AAFP	Female Teen 3 Raw AAFF: 18-19	F_MR_6_AAFP	Female Master 6 Raw AAFF: 65-69
M_TCR_3_APF	Male Teen 3 Classic Raw APF: 18-19	M_MCR_6_APF	Male Master 6 Classic Raw APF: 65-69	F_TCR_3_APF	Female Teen 3 Classic Raw APF: 18-19	F_MCR_6_APF	Female Master 6 Classic Raw APF: 65-69
M_TCR_3_AAFP	Male Teen 3 Classic Raw AAFF: 18-19	M_MCR_6_AAFP	Male Master 6 Classic Raw AAFF: 65-69	F_TCR_3_AAFP	Female Teen 3 Classic Raw AAFF: 18-19	F_MCR_6_AAFP	Female Master 6 Classic Raw AAFF: 65-69
M_TEM_3_APF	Male Teen 3 Equipped Multiply APF: 18-19	M_MEM_6_APF	Male Master 6 Equipped Multiply APF: 65-69	F_TEM_3_APF	Female Teen 3 Equipped Multiply APF: 18-19	F_MEM_6_APF	Female Master 6 Equipped Multiply APF: 65-69
M_TES_3_APF	Male Teen 3 Equipped Single-Ply APF: 18-19	M_MES_6_APF	Male Master 6 Equipped Single-Ply APF: 65-69	F_TES_3_APF	Female Teen 3 Equipped Single-Ply APF: 18-19	F_MES_6_APF	Female Master 6 Equipped Single-Ply APF: 65-69
M_TES_3_AAFP	Male Teen 3 Equipped Single-Ply AAFF: 18-19	M_MES_6_AAFP	Male Master 6 Equipped Single-Ply AAFF: 65-69	F_TES_3_AAFP	Female Teen 3 Equipped Single-Ply AAFF: 18-19	F_MES_6_AAFP	Female Master 6 Equipped Single-Ply AAFF: 65-69
M_JR_APF	Male Junior Raw APF: 20-23	M_MR_7_APF	Male Master 7 Raw APF: 70-74	F_JR_APF	Female Junior Raw APF: 20-23	F_MR_7_APF	Female Master 7 Raw APF: 70-74
M_JR_AAFP	Male Junior Raw AAFF: 20-23	M_MR_7_AAFP	Male Master 7 Raw AAFF: 70-74	F_JR_AAFP	Female Junior Raw AAFF: 20-23	F_MR_7_AAFP	Female Master 7 Raw AAFF: 70-74
M_JCR_APF	Male Junior Classic Raw APF: 20-23	M_MCR_7_APF	Male Master 7 Classic Raw APF: 70-74	F_JCR_APF	Female Junior Classic Raw APF: 20-23	F_MCR_7_APF	Female Master 7 Classic Raw APF: 70-74
M_JCR_AAFP	Male Junior Classic Raw AAFF: 20-23	M_MCR_7_AAFP	Male Master 7 Classic Raw AAFF: 70-74	F_JCR_AAFP	Female Junior Classic Raw AAFF: 20-23	F_MCR_7_AAFP	Female Master 7 Classic Raw AAFF: 70-74
M_JEM_APF	Male Junior Equipped Multiply APF: 20-23	M_MEM_7_APF	Male Master 7 Equipped Multiply APF: 70-74	F_JEM_APF	Female Junior Equipped Multiply APF: 20-23	F_MEM_7_APF	Female Master 7 Equipped Multiply APF: 70-74
M_JEM_AAFP	Male Junior Equipped Multiply AAFF: 20-23	M_MEM_7_AAFP	Male Master 7 Equipped Multiply AAFF: 70-74	F_JEM_AAFP	Female Junior Equipped Multiply AAFF: 20-23	F_MEM_7_AAFP	Female Master 7 Equipped Multiply AAFF: 70-74
M_JES_APF	Male Junior Equipped Single-Ply APF: 20-23	M_MES_7_APF	Male Master 7 Equipped Single-Ply APF: 70-74	F_JES_APF	Female Junior Equipped Single-Ply APF: 20-23	F_MES_7_APF	Female Master 7 Equipped Single-Ply APF: 70-74
M_JES_AAFP	Male Junior Equipped Single-Ply AAFF: 20-23	M_MES_7_AAFP	Male Master 7 Equipped Single-Ply AAFF: 70-74	F_JES_AAFP	Female Junior Equipped Single-Ply AAFF: 20-23	F_MES_7_AAFP	Female Master 7 Equipped Single-Ply AAFF: 70-74
M_SR_APF	Male Sub-Master Raw APF: 33-39	M_MR_8_APF	Male Master 8 Raw APF: 75-79	F_SR_APF	Female Sub-Master Raw APF: 33-39	F_MR_8_APF	Female Master 8 Raw APF: 75-79
M_SR_AAFP	Male Sub-Master Raw AAFF: 33-39	M_MR_8_AAFP	Male Master 8 Raw AAFF: 75-79	F_SR_AAFP	Female Sub-Master Raw AAFF: 33-39	F_MR_8_AAFP	Female Master 8 Raw AAFF: 75-79
M_SCR_APF	Male Sub-Master Classic Raw APF: 33-39	M_MCR_8_APF	Male Master 8 Classic Raw APF: 75-79	F_SCR_APF	Female Sub-Master Classic Raw APF: 33-39	F_MCR_8_APF	Female Master 8 Classic Raw APF: 75-79
M_SCR_AAFP	Male Sub-Master Classic Raw AAFF: 33-39	M_MCR_8_AAFP	Male Master 8 Classic Raw AAFF: 75-79	F_SCR_AAFP	Female Sub-Master Classic Raw AAFF: 33-39	F_MCR_8_AAFP	Female Master 8 Classic Raw AAFF: 75-79
M_SEM_APF	Male Sub-Master Equipped Multiply APF: 33-39	M_MEM_8_APF	Male Master 8 Equipped Multiply APF: 75-79	F_SEM_APF	Female Sub-Master Equipped Multiply APF: 33-39	F_MEM_8_APF	Female Master 8 Equipped Multiply APF: 75-79
M_SEM_AAFP	Male Sub-Master Equipped Multiply AAFF: 33-39	M_MEM_8_AAFP	Male Master 8 Equipped Multiply AAFF: 75-79	F_SEM_AAFP	Female Sub-Master Equipped Multiply AAFF: 33-39	F_MEM_8_AAFP	Female Master 8 Equipped Multiply AAFF: 75-79
M_SES_APF	Male Sub-Master Equipped Single-Ply APF: 33-39	M_MES_8_APF	Male Master 8 Equipped Single-Ply APF: 75-79	F_SES_APF	Female Sub-Master Equipped Single-Ply APF: 33-39	F_MES_8_APF	Female Master 8 Equipped Single-Ply APF: 75-79
M_SES_AAFP	Male Sub-Master Equipped Single-Ply AAFF: 33-39	M_MES_8_AAFP	Male Master 8 Equipped Single-Ply AAFF: 75-79	F_SES_AAFP	Female Sub-Master Equipped Single-Ply AAFF: 33-39	F_MES_8_AAFP	Female Master 8 Equipped Single-Ply AAFF: 75-79
M_MR_1_APF	Male Master 1 Raw APF: 40-44	M_MR_9_APF	Male Master 9 Raw APF: 80+	F_MR_1_APF	Female Master 1 Raw APF: 40-44	F_MR_9_APF	Female Master 9 Raw APF: 80+
M_MR_1_AAFP	Male Master 1 Raw AAFF: 40-44	M_MR_9_AAFP	Male Master 9 Raw AAFF: 80+	F_MR_1_AAFP	Female Master 1 Raw AAFF: 40-44	F_MR_9_AAFP	Female Master 9 Raw AAFF: 80+
M_MCR_1_APF	Male Master 1 Classic Raw APF: 40-44	M_MCR_9_APF	Male Master 9 Classic Raw APF: 80+	F_MCR_1_APF	Female Master 1 Classic Raw APF: 40-44	F_MCR_9_APF	Female Master 9 Classic Raw APF: 80+
M_MCR_1_AAFP	Male Master 1 Classic Raw AAFF: 40-44	M_MCR_9_AAFP	Male Master 9 Classic Raw AAFF: 80+	F_MCR_1_AAFP	Female Master 1 Classic Raw AAFF: 40-44	F_MCR_9_AAFP	Female Master 9 Classic Raw AAFF: 80+
M_MEM_1_APF	Male Master 1 Equipped Multiply APF: 40-44	M_MEM_9_APF	Male Master 9 Equipped Multiply APF: 80+	F_MEM_1_APF	Female Master 1 Equipped Multiply APF: 40-44	F_MEM_9_APF	Female Master 9 Equipped Multiply APF: 80+
M_MEM_1_AAFP	Male Master 1 Equipped Multiply AAFF: 40-44	M_MEM_9_AAFP	Male Master 9 Equipped Multiply AAFF: 80+	F_MEM_1_AAFP	Female Master 1 Equipped Multiply AAFF: 40-44	F_MEM_9_AAFP	Female Master 9 Equipped Multiply AAFF: 80+
M_MES_1_APF	Male Master 1 Equipped Single-Ply APF: 40-44	M_MES_9_APF	Male Master 9 Equipped Single-Ply APF: 80+	F_MES_1_APF	Female Master 1 Equipped Single-Ply APF: 40-44	F_MES_9_APF	Female Master 9 Equipped Single-Ply APF: 80+
M_MES_1_AAFP	Male Master 1 Equipped Single-Ply AAFF: 40-44	M_MES_9_AAFP	Male Master 9 Equipped Single-Ply AAFF: 80+	F_MES_1_AAFP	Female Master 1 Equipped Single-Ply AAFF: 40-44	F_MES_9_AAFP	Female Master 9 Equipped Single-Ply AAFF: 80+
M_MR_2_APF	Male Master 2 Raw APF: 45-49	M_MR_2_AAFP	Male Master 2 Raw AAFF: 45-49	F_MR_2_APF	Female Master 2 Raw APF: 45-49	F_MR_2_AAFP	Female Master 2 Raw AAFF: 45-49
M_MR_2_AAFP	Male Master 2 Raw AAFF: 45-49	F_MCR_2_APF	Female Master 2 Classic Raw APF: 45-49	F_MCR_2_AAFP	Female Master 2 Classic Raw AAFF: 45-49	F_MEM_2_APF	Female Master 2 Equipped Multiply APF: 45-49
M_MCR_2_APF	Male Master 2 Classic Raw APF: 45-49	F_TEM_2_APF	Female Master 2 Equipped Multiply APF: 45-49	F_TEM_2_AAFP	Female Master 2 Equipped Multiply AAFF: 45-49	F_MES_2_APF	Female Master 2 Equipped Single-Ply APF: 45-49
M_MCR_2_AAFP	Male Master 2 Classic Raw AAFF: 45-49	F_TES_2_APF	Female Master 2 Equipped Single-Ply APF: 45-49	F_TES_2_AAFP	Female Master 2 Equipped Single-Ply AAFF: 45-49	F_MES_2_AAFP	Female Master 2 Equipped Single-Ply AAFF: 45-49
M_MEM_2_APF	Male Master 2 Equipped Multiply APF: 45-49	F_MES_2_AAFP	Female Master 2 Equipped Single-Ply AAFF: 45-49	F_MES_2_AAFP	Female Master 2 Equipped Single-Ply AAFF: 45-49		
M_MEM_2_AAFP	Male Master 2 Equipped Multiply AAFF: 45-49						
M_MES_2_APF	Male Master 2 Equipped Single-Ply APF: 45-49						
M_MES_2_AAFP	Male Master 2 Equipped Single-Ply AAFF: 45-49						