

2015 Michigan APF Winter Push-Pull

Presented by: Dan Dalenberg

Holliday Inn Kalamazoo - West

Kalamazoo, MI
January 10, 2015



Divisions			
Abbrev	Description	Abbrev	Description
M_OR_APF	Men Open Raw APF	F_OR_APF	Women Open Raw APF
M_OR_AAPF	Men Open Raw AAPF	F_OR_AAPF	Women Open Raw AAPF
M_OEM_APF	Men Open Equipped Multiply APF	F_OEM_APF	Women Open Equipped Multiply APF
M_OEM_AAPF	Men Open Equipped Multiply AAPF	F_OEM_AAPF	Women Open Equipped Multiply AAPF
M_OES_APF	Men Open Equipped Single-Ply APF	F_OES_APF	Women Open Equipped Single-Ply APF
M_OES_AAPF	Men Open Equipped Single-Ply AAPF	F_OES_AAPF	Women Open Equipped Single-Ply AAPF
M_TR_1_APF	Men Teen 1 Raw APF: 13-15	F_TR_1_APF	Women Teen 1 Raw APF: 13-15
M_TR_1_AAPF	Men Teen 1 Raw AAPF: 13-15	F_TR_1_AAPF	Women Teen 1 Raw AAPF: 13-15
M_TEM_1_APF	Men Teen 1 Equipped Multiply APF: 13-15	F_TEM_1_APF	Women Teen 1 Equipped Multiply APF: 13-15
M_TEM_1_AAPF	Men Teen 1 Equipped Multiply AAPF: 13-15	F_TEM_1_AAPF	Women Teen 1 Equipped Multiply AAPF: 13-15
M_TES_1_APF	Men Teen 1 Equipped Single-Ply APF: 13-15	F_TES_1_APF	Women Teen 1 Equipped Single-Ply APF: 13-15
M_TES_1_AAPF	Men Teen 1 Equipped Single-Ply AAPF: 13-15	F_TES_1_AAPF	Women Teen 1 Equipped Single-Ply AAPF: 13-15
M_TR_2_APF	Men Teen 2 Raw APF: 16-17	F_TR_2_APF	Women Teen 2 Raw APF: 16-17
M_TR_2_AAPF	Men Teen 2 Raw AAPF: 16-17	F_TR_2_AAPF	Women Teen 2 Raw AAPF: 16-17
M_TEM_2_APF	Men Teen 2 Equipped Multiply APF: 16-17	F_TEM_2_APF	Women Teen 2 Equipped Multiply APF: 16-17
M_TEM_2_AAPF	Men Teen 2 Equipped Multiply AAPF: 16-17	F_TEM_2_AAPF	Women Teen 2 Equipped Multiply AAPF: 16-17
M_TES_2_APF	Men Teen 2 Equipped Single-Ply APF: 16-17	F_TES_2_APF	Women Teen 2 Equipped Single-Ply APF: 16-17
M_TES_2_AAPF	Men Teen 2 Equipped Single-Ply AAPF: 16-17	F_TES_2_AAPF	Women Teen 2 Equipped Single-Ply AAPF: 16-17
M_TR_3_APF	Men Teen 3 Raw APF: 18-19	F_TR_3_APF	Women Teen 3 Raw APF: 18-19
M_TR_3_AAPF	Men Teen 3 Raw AAPF: 18-19	F_TR_3_AAPF	Women Teen 3 Raw AAPF: 18-19
M_TEM_3_APF	Men Teen 3 Equipped Multiply APF: 18-19	F_TEM_3_APF	Women Teen 3 Equipped Multiply APF: 18-19
M_TEM_3_AAPF	Men Teen 3 Equipped Multiply AAPF: 18-19	F_TEM_3_AAPF	Women Teen 3 Equipped Multiply AAPF: 18-19
M_TES_3_APF	Men Teen 3 Equipped Single-Ply APF: 18-19	F_TES_3_APF	Women Teen 3 Equipped Single-Ply APF: 18-19
M_TES_3_AAPF	Men Teen 3 Equipped Single-Ply AAPF: 18-19	F_TES_3_AAPF	Women Teen 3 Equipped Single-Ply AAPF: 18-19
M_JR_APF	Men Junior Raw APF: 20-23	F_JR_APF	Women Junior Raw APF: 20-23
M_JR_AAPF	Men Junior Raw AAPF: 20-23	F_JR_AAPF	Women Junior Raw AAPF: 20-23
M_JEM_APF	Men Junior Equipped Multiply APF: 20-23	F_JEM_APF	Women Junior Equipped Multiply APF: 20-23
M_JEM_AAPF	Men Junior Equipped Multiply AAPF: 20-23	F_JEM_AAPF	Women Junior Equipped Multiply AAPF: 20-23
M_JES_APF	Men Junior Equipped Single-Ply APF: 20-23	F_JES_APF	Women Junior Equipped Single-Ply APF: 20-23
M_JES_AAPF	Men Junior Equipped Single-Ply AAPF: 20-23	F_JES_AAPF	Women Junior Equipped Single-Ply AAPF: 20-23
M_SR_APF	Men Sub-Master Raw APF: 33-39	F_SR_APF	Women Sub-Master Raw APF: 33-39
M_SR_AAPF	Men Sub-Master Raw AAPF: 33-39	F_SR_AAPF	Women Sub-Master Raw AAPF: 33-39
M_SEM_APF	Men Sub-Master Equipped Multiply APF: 33-39	F_SEM_APF	Women Sub-Master Equipped Multiply APF: 33-39
M_SEM_AAPF	Men Sub-Master Equipped Multiply AAPF: 33-39	F_SEM_AAPF	Women Sub-Master Equipped Multiply AAPF: 33-39
M_SES_APF	Men Sub-Master Equipped Single-Ply APF: 33-39	F_SES_APF	Women Sub-Master Equipped Single-Ply APF: 33-39
M_SES_AAPF	Men Sub-Master Equipped Single-Ply AAPF: 33-39	F_SES_AAPF	Women Sub-Master Equipped Single-Ply AAPF: 33-39
M_MR_1_APF	Men Master 1 Raw APF: 40-44	F_MR_1_APF	Women Master 1 Raw APF: 40-44
M_MR_1_AAPF	Men Master 1 Raw AAPF: 40-44	F_MR_1_AAPF	Women Master 1 Raw AAPF: 40-44
M_MEM_1_APF	Men Master 1 Equipped Multiply APF: 40-44	F_MEM_1_APF	Women Master 1 Equipped Multiply APF: 40-44
M_MEM_1_AAPF	Men Master 1 Equipped Multiply AAPF: 40-44	F_MEM_1_AAPF	Women Master 1 Equipped Multiply AAPF: 40-44
M_MES_1_APF	Men Master 1 Equipped Single-Ply APF: 40-44	F_MES_1_APF	Women Master 1 Equipped Single-Ply APF: 40-44
M_MES_1_AAPF	Men Master 1 Equipped Single-Ply AAPF: 40-44	F_MES_1_AAPF	Women Master 1 Equipped Single-Ply AAPF: 40-44
M_MR_2_APF	Men Master 2 Raw APF: 45-49	F_MR_2_APF	Women Master 2 Raw APF: 45-49
M_MR_2_AAPF	Men Master 2 Raw AAPF: 45-49	F_MR_2_AAPF	Women Master 2 Raw AAPF: 45-49
M_MEM_2_APF	Men Master 2 Equipped Multiply APF: 45-49	F_MEM_2_APF	Women Master 2 Equipped Multiply APF: 45-49
M_MEM_2_AAPF	Men Master 2 Equipped Multiply AAPF: 45-49	F_MEM_2_AAPF	Women Master 2 Equipped Multiply AAPF: 45-49
M_MES_2_APF	Men Master 2 Equipped Single-Ply APF: 45-49	F_MES_2_APF	Women Master 2 Equipped Single-Ply APF: 45-49
M_MES_2_AAPF	Men Master 2 Equipped Single-Ply AAPF: 45-49	F_MES_2_AAPF	Women Master 2 Equipped Single-Ply AAPF: 45-49
M_MR_3_APF	Men Master 3 Raw APF: 50-54	F_MR_3_APF	Women Master 3 Raw APF: 50-54
M_MR_3_AAPF	Men Master 3 Raw AAPF: 50-54	F_MR_3_AAPF	Women Master 3 Raw AAPF: 50-54
M_MEM_3_APF	Men Master 3 Equipped Multiply APF: 50-54	F_MEM_3_APF	Women Master 3 Equipped Multiply APF: 50-54
M_MEM_3_AAPF	Men Master 3 Equipped Multiply AAPF: 50-54	F_MEM_3_AAPF	Women Master 3 Equipped Multiply AAPF: 50-54
M_MES_3_APF	Men Master 3 Equipped Single-Ply APF: 50-54	F_MES_3_APF	Women Master 3 Equipped Single-Ply APF: 50-54
M_MES_3_AAPF	Men Master 3 Equipped Single-Ply AAPF: 50-54	F_MES_3_AAPF	Women Master 3 Equipped Single-Ply AAPF: 50-54
M_MR_4_APF	Men Master 4 Raw APF: 55-59	F_MR_4_APF	Women Master 4 Raw APF: 55-59
M_MR_4_AAPF	Men Master 4 Raw AAPF: 55-59	F_MR_4_AAPF	Women Master 4 Raw AAPF: 55-59
M_MEM_4_APF	Men Master 4 Equipped Multiply APF: 55-59	F_MEM_4_APF	Women Master 4 Equipped Multiply APF: 55-59
M_MEM_4_AAPF	Men Master 4 Equipped Multiply AAPF: 55-59	F_MEM_4_AAPF	Women Master 4 Equipped Multiply AAPF: 55-59
M_MES_4_APF	Men Master 4 Equipped Single-Ply APF: 55-59	F_MES_4_APF	Women Master 4 Equipped Single-Ply APF: 55-59
M_MES_4_AAPF	Men Master 4 Equipped Single-Ply AAPF: 55-59	F_MES_4_AAPF	Women Master 4 Equipped Single-Ply AAPF: 55-59
M_MR_5_APF	Men Master 5 Raw APF: 60-64	F_MR_5_APF	Women Master 5 Raw APF: 60-64
M_MR_5_AAPF	Men Master 5 Raw AAPF: 60-64	F_MR_5_AAPF	Women Master 5 Raw AAPF: 60-64
M_MEM_5_APF	Men Master 5 Equipped Multiply APF: 60-64	F_MEM_5_APF	Women Master 5 Equipped Multiply APF: 60-64
M_MEM_5_AAPF	Men Master 5 Equipped Multiply AAPF: 60-64	F_MEM_5_AAPF	Women Master 5 Equipped Multiply AAPF: 60-64
M_MES_5_APF	Men Master 5 Equipped Single-Ply APF: 60-64	F_MES_5_APF	Women Master 5 Equipped Single-Ply APF: 60-64
M_MES_5_AAPF	Men Master 5 Equipped Single-Ply AAPF: 60-64	F_MES_5_AAPF	Women Master 5 Equipped Single-Ply AAPF: 60-64
M_MR_6_APF	Men Master 6 Raw APF: 65-69	F_MR_6_APF	Women Master 6 Raw APF: 65-69
M_MR_6_AAPF	Men Master 6 Raw AAPF: 65-69	F_MR_6_AAPF	Women Master 6 Raw AAPF: 65-69
M_MEM_6_APF	Men Master 6 Equipped Multiply APF: 65-69	F_MEM_6_APF	Women Master 6 Equipped Multiply APF: 65-69
M_MEM_6_AAPF	Men Master 6 Equipped Multiply AAPF: 65-69	F_MEM_6_AAPF	Women Master 6 Equipped Multiply AAPF: 65-69
M_MES_6_APF	Men Master 6 Equipped Single-Ply APF: 65-69	F_MES_6_APF	Women Master 6 Equipped Single-Ply APF: 65-69
M_MES_6_AAPF	Men Master 6 Equipped Single-Ply AAPF: 65-69	F_MES_6_AAPF	Women Master 6 Equipped Single-Ply AAPF: 65-69
M_MR_7_APF	Men Master 7 Raw APF: 70-74	F_MR_7_APF	Women Master 7 Raw APF: 70-74
M_MR_7_AAPF	Men Master 7 Raw AAPF: 70-74	F_MR_7_AAPF	Women Master 7 Raw AAPF: 70-74
M_MEM_7_APF	Men Master 7 Equipped Multiply APF: 70-74	F_MEM_7_APF	Women Master 7 Equipped Multiply APF: 70-74
M_MEM_7_AAPF	Men Master 7 Equipped Multiply AAPF: 70-74	F_MEM_7_AAPF	Women Master 7 Equipped Multiply AAPF: 70-74
M_MES_7_APF	Men Master 7 Equipped Single-Ply APF: 70-74	F_MES_7_APF	Women Master 7 Equipped Single-Ply APF: 70-74
M_MES_7_AAPF	Men Master 7 Equipped Single-Ply AAPF: 70-74	F_MES_7_AAPF	Women Master 7 Equipped Single-Ply AAPF: 70-74
M_MR_8_APF	Men Master 8 Raw APF: 75-79	F_MR_8_APF	Women Master 8 Raw APF: 75-79
M_MR_8_AAPF	Men Master 8 Raw AAPF: 75-79	F_MR_8_AAPF	Women Master 8 Raw AAPF: 75-79
M_MEM_8_APF	Men Master 8 Equipped Multiply APF: 75-79	F_MEM_8_APF	Women Master 8 Equipped Multiply APF: 75-79
M_MEM_8_AAPF	Men Master 8 Equipped Multiply AAPF: 75-79	F_MEM_8_AAPF	Women Master 8 Equipped Multiply AAPF: 75-79
M_MES_8_APF	Men Master 8 Equipped Single-Ply APF: 75-79	F_MES_8_APF	Women Master 8 Equipped Single-Ply APF: 75-79
M_MES_8_AAPF	Men Master 8 Equipped Single-Ply AAPF: 75-79	F_MES_8_AAPF	Women Master 8 Equipped Single-Ply AAPF: 75-79
M_MR_9_APF	Men Master 9 Raw APF: 80+	F_MR_9_APF	Women Master 9 Raw APF: 80+
M_MR_9_AAPF	Men Master 9 Raw AAPF: 80+	F_MR_9_AAPF	Women Master 9 Raw AAPF: 80+
M_MEM_9_APF	Men Master 9 Equipped Multiply APF: 80+	F_MEM_9_APF	Women Master 9 Equipped Multiply APF: 80+
M_MEM_9_AAPF	Men Master 9 Equipped Multiply AAPF: 80+	F_MEM_9_AAPF	Women Master 9 Equipped Multiply AAPF: 80+
M_MES_9_APF	Men Master 9 Equipped Single-Ply APF: 80+	F_MES_9_APF	Women Master 9 Equipped Single-Ply APF: 80+
M_MES_9_AAPF	Men Master 9 Equipped Single-Ply AAPF: 80+	F_MES_9_AAPF	Women Master 9 Equipped Single-Ply AAPF: 80+

10-Jan-15

Michigan APF Winter Push-Pull - Push-Pull - Kg Results

Name	Age	Div	BWt (Kg)	WC1s (Kg)	Glossbrene r	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WC1	Team	Notes
Ahrabian, Arman	25	M, OR APF	105.6	110	0.5696	175	-187.5	-187.5	175	260	275	292.5	292.5	467.5	266.2646	0.0000	1-M OR APF-110	Gladiator Teddy Bears	
Allen, Jesse	19	M, TR 3 APF	70.7	75	0.7205	102.5	-107.5	110	110	155	165	172.5	172.5	262.5	203.5271	0.0000	1-M TR 3 APF-75		
Arellano, Reuben	25	M, OR AAFP	81.2	82.5	0.6513	-135	-137.5	140	140	205	215	222.5	222.5	382.5	236.0963	0.0000	1-M OR AAFP-82.5		
Atwell, Blake (AAPF jr)	21	M, JR AAFP	108.6	110	0.5646	175	-185	-185	175	267.5	275	282.5	282.5	457.5	258.2816	0.0000	1-M JR AAFP-110		
Atwell, Blake (AAPF open)	21	M, OR AAFP	108.6	110	0.5646	175	-185	-185	175	267.5	275	282.5	282.5	457.5	258.2816	0.0000	1-M OR AAFP-110		
Atwell, Blake (APF jr)	21	M, JR APF	108.6	110	0.5646	175	-185	-185	175	267.5	275	282.5	282.5	457.5	258.2816	0.0000	1-M JR APF-110		
Atwell, Blake (APF open)	21	M, OR APF	108.6	110	0.5646	175	-185	-185	175	267.5	275	282.5	282.5	457.5	258.2816	0.0000	2-M OR APF-110		
Baughman, David	26	M, OR AAFP	107.8	110	0.5658	110	125	-137.5	125	242.5	-255	-255	242.5	367.5	207.9315	0.0000	4-M OR AAFP-110	Michigan Barbell	
Breneman, Chad (AAPF)	36	M, OR AAFP	88.8	90	0.6165	147.5	-170	170	170	202.5	225	240	240	410	252.7445	0.0000	1-M OR AAFP-90		
Breneman, Chad (APF)	36	M, OR APF	88.8	90	0.6165	147.5	-170	170	170	202.5	225	240	240	410	252.7445	0.0000	2-M OR APF-90		
Castaneda, Jaime (AAPF PP)	60	M, OR AAFP	88.5	90	0.6177	122.5	127.5	132.5	132.5	105	115	120	120	252.5	155.9693	208.9988	3-M OR AAFP-90		
Christie, Kurt	32	M, OR AAFP	104.4	110	0.5718	145	150	-160	150	235	245	252.5	252.5	402.5	230.1495	0.0000	2-M OR AAFP-110		
Davis, Meg	26	F, OR APF	65.8	67.5	0.9178	52.5	55	60	60	115	122.5	137.5	137.5	197.5	181.2655	0.0000	2-F OR APF-67.5		
Desmond, Anthony	17	M, TR 2 APF	90.5	100	0.6100	92.5	110	-120	110	150	180	-190	180	290	176.9000	0.0000	1-M TR 2 APF-100		
Edwards, Dylan (AAPF open pp)	19	M, OR AAFP	86.5	90	0.6260	125	-137.5	-137.5	125	227.5	237.5	-250	237.5	362.5	226.9069	0.0000	2-M OR AAFP-90		
Edwards, Dylan (AAPF teen pp)	19	M, TR 3 APF	86.5	90	0.6260	125	-137.5	-137.5	125	227.5	237.5	-250	237.5	362.5	226.9069	0.0000	1-M TR 3 APF-90		
Edwards, Dylan (AAPF open pp)	19	M, OR APF	86.5	90	0.6260	125	-137.5	-137.5	125	227.5	237.5	-250	237.5	362.5	226.9069	0.0000	3-M OR APF-90		
Edwards, Dylan (AAPF teen pp)	19	M, TR 3 APF	86.5	90	0.6260	125	-137.5	-137.5	125	227.5	237.5	-250	237.5	362.5	226.9069	0.0000	1-M TR 3 APF-90		
Emcott, Dave (mast)	45	M, MEM 2 AAFP	88.3	90	0.6185	160	-175	-175	160	207.5	220	227.5	227.5	387.5	239.6494	252.8301	1-M MEM 2 AAFP-90		
Emcott, Dave (open)	45	M, OEM AAFP	88.3	90	0.6185	160	-175	-175	160	207.5	220	227.5	227.5	387.5	239.6494	252.8301	1-M OEM AAFP-90		
Frizzle, Adam	21	M, JR APF	77.2	82.5	0.6743	97.5	100	-105	100	147.5	152.5	162.5	162.5	262.5	176.9906	0.0000	1-M JR APF-82.5		
Hentig, Julie (AAPF PP)	27	F, OR AAFP	72.9	75	0.8523	35	40	-45	40	85	95	102.5	102.5	142.5	121.4528	0.0000	1-F OR AAFP-75	Team Hentig	
Hentig, Julie (APF PP)	27	F, OR APF	72.9	75	0.8523	35	40	-45	40	85	95	102.5	102.5	142.5	121.4528	0.0000	1-F OR APF-75	Team Hentig	
Hewitt, Justin	27	M, OR APF	59.5	60	0.8397	-100	105	112.5	112.5	150	165	-170	165	277.5	233.0029	0.0000	1-M OR APF-60		
Janda, Tony	26	M, OR APF	110.7	125	0.5616	112.5	120	125	125	207.5	217.5	230	230	355	199.3503	0.0000	2-M OR APF-125		
Jones, Andrea (jr)	23	F, JR AAFP	54.4	56	1.0684	52.5	57.5	-62.5	57.5	120	130	140	140	197.5	211.0090	0.0000	1-F JR AAFP-56	Gladiator Teddy Bears	Female Best Lifter
Jones, Andrea (open)	23	F, OR AAFP	54.4	56	1.0684	52.5	57.5	-62.5	57.5	120	130	140	140	197.5	211.0090	0.0000	1-F OR AAFP-56	Gladiator Teddy Bears	Female Best Lifter
Jones, Marc	25	M, OR APF	99	100	0.5838	125	-142.5	-142.5	125	192.5	227.5	-235	227.5	352.5	205.7895	0.0000	2-M OR APF-100	Gladiator Teddy Bears	
Kelly, Lindsay (AAPF)	30	F, OR AAFP	85.8	90	0.7682	57.5	60	65	65	105	112.5	120	120	185	142.1170	0.0000	1-F OR AAFP-90		
Kelly, Lindsay (APF)	30	F, OR APF	85.8	90	0.7682	57.5	60	65	65	105	112.5	120	120	185	142.1170	0.0000	1-F OR APF-90		
Kinnane, Tera	39	F, SR AAFP	95.3	SHW	0.7295	60	65	70	70	140	147.5	155	155	225	164.1263	0.0000	1-F SR AAFP-SHW	Team Repz	
Kunkel, Christian (jr)	21	M, JR AAFP	109.7	110	0.5629	125	142.5	152.5	152.5	217.5	237.5	-260	237.5	390	219.5310	0.0000	2-M JR AAFP-110		
Kunkel, Christian (open)	21	M, OR AAFP	109.7	110	0.5629	125	142.5	152.5	152.5	217.5	237.5	-260	237.5	390	219.5310	0.0000	3-M OR AAFP-110		
McMillan, Greg	63	M, MEM 5 APF	98.3	90	0.6185	147.5	160	170	170	237.5	260	-272.5	260	430	265.9335	377.8915	1-M MEM 5 APF-90		
Meierjurgens, Kenneth	26	M, OR APF	89.3	100	0.5831	125	142.5	-150	142.5	207.5	227.5	-240	227.5	370	215.7285	0.0000	1-M OR APF-100	Gladiator Teddy Bears	
Nimphie, Benjamin	27	M, OR AAFP	79	82.5	0.6635	102.5	110	117.5	117.5	165	180	187.5	187.5	305	202.3675	0.0000	3-M OR AAFP-82.5		
Parker, Kelly	44	M, OR APF	123.2	125	0.5476	152.5	165	182.5	182.5	255	272.5	285	285	467.5	255.9796	266.9867	1-M OR APF-125		
Schinske, Ashley (AAPF)	27	F, OR AAFP	65	67.5	0.9267	65	70	-75	70	115	122.5	130	130	200	185.3300	0.0000	1-F OR AAFP-67.5		
Schinske, Ashley (APF)	27	F, OR APF	65	67.5	0.9267	65	70	-75	70	115	122.5	130	130	200	185.3300	0.0000	1-F OR APF-67.5		
Schweitzer, Ben	28	M, OR APF	107.1	110	0.5670	150	155	160	160	250	260	0	250	410	232.4495	0.0000	3-M OR APF-110		
Soppelsa, Dain	31	M, OEM APF	132.7	140	0.5377	237.5	272.5	297.5	297.5	257.5	282.5	302.5	302.5	600	322.6200	0.0000	1-M OEM APF-140	Kalamazoo Barbell	Male Best Lifter
Thayer, Kalynda	26	F, OR APF	105.7	SHW	0.7011	72.5	77.5	-82.5	77.5	125	132.5	140	140	217.5	152.4784	0.0000	1-F OR APF-SHW	Rock Solid	
Vespie, Stan	34	M, SR AAFP	154.8	SHW	0.5195	160	170	185	185	205	250	265	265	450	233.7525	0.0000	1-M SR AAFP-SHW		
Walraven, Garrett	24	M, OR APF	88.3	90	0.6185	157.5	167.5	180	180	275	-285	-285	275	455	281.3948	0.0000	1-M OR APF-90		
Williams, Chad	25	M, OR AAFP	81.5	82.5	0.6498	-120	-125	125	125	180	192.5	202.5	202.5	327.5	212.7931	0.0000	2-M OR AAFP-82.5		
Wright, Joshua	29	M, OR APF	60	60	0.8329	-80	85	90	90	-142.5	142.5	162.5	162.5	252.5	210.2946	0.0000	2-M OR APF-60	Gladiator Teddy Bears	
Zambeck, Nick	20	M, JR AAFP	94.5	100	0.5965	102.5	110	115	115	182.5	197.5	207.5	207.5	322.5	192.3551	0.0000	1-M JR AAFP-100		

10-Jan-15

Michigan APF Winter Push-Pull - Push-Pull - Lb Results

Name	Age	Div	BWt (Kg)	WC1s (Kg)	Glossbrene r	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WC1	Team	Notes
Ahrabian, Arman	25	M, OR APF	105.6	110	0.5696	385.81	-413.36	-413.36	385.81	573.20	606.27	644.85	644.85	1030.65	266.2646	0.0000	1-M OR APF-110	Gladiator Teddy Bears	
Allen, Jesse	19	M, TR 3 APF	70.7	75	0.7205	225.97	-236.99	242.51	242.51	341.71	363.76	380.29	380.29	622.80	203.5271	0.0000	1-M TR 3 APF-75		
Arellano, Reuben	25	M, OR AAFP	81.2	82.5	0.6513	-297.62	-303.13	-308.64	308.64	451.94	473.99	490.52	490.52	799.17	236.0963	0.0000	1-M OR AAFP-82.5		
Atwell, Blake (AAPF jr)	21	M, JR AAFP	108.6	110	0.5646	385.81	-407.85	-407.85	385.81	589.73	606.27	622.80	622.80	1008.60	258.2816	0.0000	1-M JR AAFP-110		
Atwell, Blake (AAPF open)	21	M, OR AAFP	108.6	110	0.5646	385.81	-407.85	-407.85	385.81	589.73	606.27	622.80	622.80	1008.60	258.2816	0.0000	1-M OR AAFP-110		
Atwell, Blake (APF jr)	21	M, JR APF	108.6	110	0.5646	385.81	-407.85	-407.85	385.81	589.73	606.27	622.80	622.80	1008.60	258.2816	0.0000	1-M JR APF-110		
Atwell, Blake (APF open)	21	M, OR APF	108.6	110	0.5646	385.81	-407.85	-407.85	385.81	589.73	606.27	622.80	622.80	1008.60	258.2816	0.0000	2-M OR APF-110		
Baughman, David	26	M, OR AAFP	107.8	110	0.5658	242.51	275.58	-303.13	275.58	534.62	-562.17	-562.17	534.62	810.19	207.9315	0.0000	4-M OR AAFP-110	Michigan Barbell	
Breneman, Chad (AAPF)	36	M, OR AAFP	88.8	90	0.6165	325.18	-374.78	374.78	374.78	446.43	496.04	529.10	529.10	903.89	252.7445	0.0000	1-M OR AAFP-90		
Breneman, Chad (APF)	36	M, OR APF	88.8	90	0.6165	325.18	-374.78	374.78	374.78	446.43	496.04	529.10	529.10	903.89	252.7445	0.0000	2-M OR APF-90		
Castaneda, Jaime (AAPF PP)	60	M, OR AAFP	88.5	90	0.6177	270.06	281.09	292.11	292.11	231.48	253.53	264.55	264.55	556.66	155.9693	208.9988	3-M OR AAFP-90		
Christie, Kurt	32	M, OR AAFP	104.4	110	0.5718	319.67	330.69	-352.74	330.69	518.08	540.13	556.66	556.66	887.35	230.1495	0.0000	2-M OR AAFP-110		
Davis, Meg	26	F, OR APF	65.8	67.5	0.9178	115.74	121.25	132.28	132.28	253.53	270.06	303.13	303.13	435.41	181.2655	0.0000	2-F OR APF-67.5		
Desmond, Anthony	17	M, TR 2 APF	90.5	100	0.6100	203.93	242.51	-264.55	242.51	330.69	396.83	-418.87	396.83	639.33	176.9000	0.0000	1-M TR 2 APF-100		
Edwards, Dylan (AAPF open pp)	19	M, OR AAFP	86.5	90	0.6260	275.58	-3												

10-Jan-15

Michigan APF Winter Push-Pull - Bench Only - Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbre ner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCl	Team
Castaneda, Jaime (AAPF BP)	60	M_OR_AAPF	88.5	90	0.6177	122.5	127.5	132.5	132.5	81.8453	109.6726	1-M_OR_AAPF-90	
Covey, Dean	53	M_MR_3_AAPF	89	90	0.6157	167.5	-180	-180	167.5	103.1298	122.1056	1-M_MR_3_AAPF-90	
Covey, Kirk	30	M_OR_AAPF	99.4	100	0.5828	170	177.5	185	185	107.8180	0.0000	1-M_OR_AAPF-100	
Doddy, Darilyn	24	F_OEM_AAPF	73.8	75	0.8453	175	-180	-180	175	147.9188	0.0000	1-F_OEM_AAPF-75	
Havens, Josh (mast)	41	M_MR_1_APF	164.8	SHW	0.5125	-175	185	200	200	102.4900	103.5149	1-M_MR_1_APF-SHW	
Havens, Josh (open)	41	M_OR_APF	164.8	SHW	0.5125	-175	185	200	200	102.4900	103.5149	1-M_OR_APF-SHW	
Hollingsworth, Tommy	51	M_MR_3_APF	105.7	110	0.5694	110	115	-120	115	65.4810	75.1067	1-M_MR_3_APF-110	Team Rock Solid
Kemplin, Ryan	24	M_OR_AAPF	146.7	SHW	0.5256	167.5	-185	-185	167.5	88.0380	0.0000	1-M_OR_AAPF-SHW	
Scott, Eric	26	M_OR_APF	98.6	100	0.5848	182.5	187.5	-195	187.5	109.6500	0.0000	1-M_OR_APF-100	Anderson Powerlifting
Simon, Michael	59	M_MR_4_APF	82.2	82.5	0.6462	135	-147.5	-152.5	135	87.2303	114.7078	1-M_MR_4_APF-82.5	Semper Fi

10-Jan-15

Michigan APF Winter Push-Pull - Bench Only - Lb Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbre ner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCl	Team
Castaneda, Jaime (AAPF BP)	60	M_OR_AAPF	88.5	90	0.6177	270.06	281.09	292.11	292.11	81.8453	109.6726	1-M_OR_AAPF-90	
Covey, Dean	53	M_MR_3_AAPF	89	90	0.6157	369.27	-396.83	-396.83	369.27	103.1298	122.1056	1-M_MR_3_AAPF-90	
Covey, Kirk	30	M_OR_AAPF	99.4	100	0.5828	374.78	391.32	407.85	407.85	107.8180	0.0000	1-M_OR_AAPF-100	
Doddy, Darilyn	24	F_OEM_AAPF	73.8	75	0.8453	385.81	-396.83	-396.83	385.81	147.9188	0.0000	1-F_OEM_AAPF-75	
Havens, Josh (mast)	41	M_MR_1_APF	164.8	SHW	0.5125	-385.81	407.85	440.92	440.92	102.4900	103.5149	1-M_MR_1_APF-SHW	
Havens, Josh (open)	41	M_OR_APF	164.8	SHW	0.5125	-385.81	407.85	440.92	440.92	102.4900	103.5149	1-M_OR_APF-SHW	
Hollingsworth, Tommy	51	M_MR_3_APF	105.7	110	0.5694	242.51	253.53	-264.55	253.53	65.4810	75.1067	1-M_MR_3_APF-110	Team Rock Solid
Kemplin, Ryan	24	M_OR_AAPF	146.7	SHW	0.5256	369.27	-407.85	-407.85	369.27	88.0380	0.0000	1-M_OR_AAPF-SHW	
Scott, Eric	26	M_OR_APF	98.6	100	0.5848	402.34	413.36	-429.90	413.36	109.6500	0.0000	1-M_OR_APF-100	Anderson Powerlifting
Simon, Michael	59	M_MR_4_APF	82.2	82.5	0.6462	297.62	-325.18	-336.20	297.62	87.2303	114.7078	1-M_MR_4_APF-82.5	Semper Fi

10-Jan-15

Michigan APF Winter Push-Pull - Deadlift Only - Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Edwards, Dylan (AAPF open dl)	19	M_OR_AAPF	86.5	90	0.6260	227.5	237.5	-250	237.5	148.6631	0	1-M_OR_AAPF-90	
Edwards, Dylan (AAPF teen dl)	19	M_TR_3_AAPF	86.5	90	0.6260	227.5	237.5	-250	237.5	148.6631	0	1-M_TR_3_AAPF-90	
Edwards, Dylan (APF open dl)	19	M_OR_APF	86.5	90	0.6260	227.5	237.5	-250	237.5	148.6631	0	1-M_OR_APF-90	
Edwards, Dylan (APF teen dl)	19	M_TR_3_APF	86.5	90	0.6260	227.5	237.5	-250	237.5	148.6631	0	1-M_TR_3_APF-90	
Geeting, Zane	32	M_OR_APF	101.9	110	0.5780	287.5	320	0	320	184.9600	0	1-M_OR_APF-110	
Hentig, Julie (AAPF DL)	27	F_OR_AAPF	72.9	75	0.8523	85	95	102.5	102.5	87.3608	0	1-F_OR_AAPF-75	Team Hentig
Hentig, Julie (APF DL)	27	F_OR_APF	72.9	75	0.8523	85	95	102.5	102.5	87.3608	0	1-F_OR_APF-75	Team Hentig
Sallee, Todd	35	M_SEM_APF	115.1	125	0.5561	300	325	-330	325	180.7325	0	1-M_SEM_APF-125	Viking Powerlifting

10-Jan-15

Michigan APF Winter Push-Pull - Deadlift Only - Lb Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Edwards, Dylan (AAPF open dl)	19	M_OR_AAPF	86.5	90	0.6260	501.55	523.59	-551.15	523.5925	148.6631	0	1-M_OR_AAPF-90	
Edwards, Dylan (AAPF teen dl)	19	M_TR_3_AAPF	86.5	90	0.6260	501.55	523.59	-551.15	523.5925	148.6631	0	1-M_TR_3_AAPF-90	
Edwards, Dylan (APF open dl)	19	M_OR_APF	86.5	90	0.6260	501.55	523.59	-551.15	523.5925	148.6631	0	1-M_OR_APF-90	
Edwards, Dylan (APF teen dl)	19	M_TR_3_APF	86.5	90	0.6260	501.55	523.59	-551.15	523.5925	148.6631	0	1-M_TR_3_APF-90	
Geeting, Zane	32	M_OR_APF	101.9	110	0.5780	633.82	705.47	0.00	705.472	184.9600	0	1-M_OR_APF-110	
Hentig, Julie (AAPF DL)	27	F_OR_AAPF	72.9	75	0.8523	187.39	209.44	225.97	225.9715	87.3608	0	1-F_OR_AAPF-75	Team Hentig
Hentig, Julie (APF DL)	27	F_OR_APF	72.9	75	0.8523	187.39	209.44	225.97	225.9715	87.3608	0	1-F_OR_APF-75	Team Hentig
Sallee, Todd	35	M_SEM_APF	115.1	125	0.5561	661.38	716.50	-727.52	716.495	180.7325	0	1-M_SEM_APF-125	Viking Powerlifting