

**2nd Annual Total Fitness Center  
Bench Press and Deadlift Classic**

Presented by: Joe Smolinski and  
Triple X Powerlifting

Howell, MI  
February 8, 2014



Divisions			
Abbrev	Description	Abbrev	Description
M_OR_APF	Men Open Raw APF	F_OR_APF	Women Open Raw APF
M_OR_AAPF	Men Open Raw AAFP	F_OR_AAPF	Women Open Raw AAFP
M_OEM_APF	Men Open Equipped Multiply APF	F_OEF_APF	Women Open Equipped Multiply APF
M_OEM_AAPF	Men Open Equipped Multiply AAFP	F_OEF_AAPF	Women Open Equipped Multiply AAFP
M_OES_APF	Men Open Equipped Single-Ply APF	F_OES_APF	Women Open Equipped Single-Ply APF
M_OES_AAPF	Men Open Equipped Single-Ply AAFP	F_OES_AAPF	Women Open Equipped Single-Ply AAFP
M_TR_1_APF	Men Teen 1 Raw APF: 13-15	F_TR_1_APF	Women Teen 1 Raw APF: 13-15
M_TR_1_AAPF	Men Teen 1 Raw AAFP: 13-15	F_TR_1_AAPF	Women Teen 1 Raw AAFP: 13-15
M_TEM_1_APF	Men Teen 1 Equipped Multiply APF: 13-15	F_TEF_1_APF	Women Teen 1 Equipped Multiply APF: 13-15
M_TEM_1_AAPF	Men Teen 1 Equipped Multiply AAFP: 13-15	F_TEF_1_AAPF	Women Teen 1 Equipped Multiply AAFP: 13-15
M_TES_1_APF	Men Teen 1 Equipped Single-Ply APF: 13-15	F_TES_1_APF	Women Teen 1 Equipped Single-Ply APF: 13-15
M_TES_1_AAPF	Men Teen 1 Equipped Single-Ply AAFP: 13-15	F_TES_1_AAPF	Women Teen 1 Equipped Single-Ply AAFP: 13-15
M_TR_2_APF	Men Teen 2 Raw APF: 16-17	F_TR_2_APF	Women Teen 2 Raw APF: 16-17
M_TR_2_AAPF	Men Teen 2 Raw AAFP: 16-17	F_TR_2_AAPF	Women Teen 2 Raw AAFP: 16-17
M_TEM_2_APF	Men Teen 2 Equipped Multiply APF: 16-17	F_TEF_2_APF	Women Teen 2 Equipped Multiply APF: 16-17
M_TEM_2_AAPF	Men Teen 2 Equipped Multiply AAFP: 16-17	F_TEF_2_AAPF	Women Teen 2 Equipped Multiply AAFP: 16-17
M_TES_2_APF	Men Teen 2 Equipped Single-Ply APF: 16-17	F_TES_2_APF	Women Teen 2 Equipped Single-Ply APF: 16-17
M_TES_2_AAPF	Men Teen 2 Equipped Single-Ply AAFP: 16-17	F_TES_2_AAPF	Women Teen 2 Equipped Single-Ply AAFP: 16-17
M_TR_3_APF	Men Teen 3 Raw APF: 18-19	F_TR_3_APF	Women Teen 3 Raw APF: 18-19
M_TR_3_AAPF	Men Teen 3 Raw AAFP: 18-19	F_TR_3_AAPF	Women Teen 3 Raw AAFP: 18-19
M_TEM_3_APF	Men Teen 3 Equipped Multiply APF: 18-19	F_TEF_3_APF	Women Teen 3 Equipped Multiply APF: 18-19
M_TEM_3_AAPF	Men Teen 3 Equipped Multiply AAFP: 18-19	F_TEF_3_AAPF	Women Teen 3 Equipped Multiply AAFP: 18-19
M_TES_3_APF	Men Teen 3 Equipped Single-Ply APF: 18-19	F_TES_3_APF	Women Teen 3 Equipped Single-Ply APF: 18-19
M_TES_3_AAPF	Men Teen 3 Equipped Single-Ply AAFP: 18-19	F_TES_3_AAPF	Women Teen 3 Equipped Single-Ply AAFP: 18-19
M_JR_APF	Men Junior Raw APF: 20-23	F_JR_APF	Women Junior Raw APF: 20-23
M_JR_AAPF	Men Junior Raw AAFP: 20-23	F_JR_AAPF	Women Junior Raw AAFP: 20-23
M_JEM_APF	Men Junior Equipped Multiply APF: 20-23	F_JEF_APF	Women Junior Equipped Multiply APF: 20-23
M_JEM_AAPF	Men Junior Equipped Multiply AAFP: 20-23	F_JEF_AAPF	Women Junior Equipped Multiply AAFP: 20-23
M_JES_APF	Men Junior Equipped Single-Ply APF: 20-23	F_JES_APF	Women Junior Equipped Single-Ply APF: 20-23
M_JES_AAPF	Men Junior Equipped Single-Ply AAFP: 20-23	F_JES_AAPF	Women Junior Equipped Single-Ply AAFP: 20-23
M_SR_APF	Men Sub-Master Raw APF: 33-39	F_SR_APF	Women Sub-Master Raw APF: 33-39
M_SR_AAPF	Men Sub-Master Raw AAFP: 33-39	F_SR_AAPF	Women Sub-Master Raw AAFP: 33-39
M_SEM_APF	Men Sub-Master Equipped Multiply APF: 33-39	F_SEF_APF	Women Sub-Master Equipped Multiply APF: 33-39
M_SEM_AAPF	Men Sub-Master Equipped Multiply AAFP: 33-39	F_SEF_AAPF	Women Sub-Master Equipped Multiply AAFP: 33-39
M_SES_APF	Men Sub-Master Equipped Single-Ply APF: 33-39	F_SES_APF	Women Sub-Master Equipped Single-Ply APF: 33-39
M_SES_AAPF	Men Sub-Master Equipped Single-Ply AAFP: 33-39	F_SES_AAPF	Women Sub-Master Equipped Single-Ply AAFP: 33-39
M_MR_1_APF	Men Master 1 Raw APF: 40-44	F_MR_1_APF	Women Master 1 Raw APF: 40-44
M_MR_1_AAPF	Men Master 1 Raw AAFP: 40-44	F_MR_1_AAPF	Women Master 1 Raw AAFP: 40-44
M_MEM_1_APF	Men Master 1 Equipped Multiply APF: 40-44	F_MEF_1_APF	Women Master 1 Equipped Multiply APF: 40-44
M_MEM_1_AAPF	Men Master 1 Equipped Multiply AAFP: 40-44	F_MEF_1_AAPF	Women Master 1 Equipped Multiply AAFP: 40-44
M_MES_1_APF	Men Master 1 Equipped Single-Ply APF: 40-44	F_MES_1_APF	Women Master 1 Equipped Single-Ply APF: 40-44
M_MES_1_AAPF	Men Master 1 Equipped Single-Ply AAFP: 40-44	F_MES_1_AAPF	Women Master 1 Equipped Single-Ply AAFP: 40-44
M_MR_2_APF	Men Master 2 Raw APF: 45-49	F_MR_2_APF	Women Master 2 Raw APF: 45-49
M_MR_2_AAPF	Men Master 2 Raw AAFP: 45-49	F_MR_2_AAPF	Women Master 2 Raw AAFP: 45-49
M_MEM_2_APF	Men Master 2 Equipped Multiply APF: 45-49	F_MEF_2_APF	Women Master 2 Equipped Multiply APF: 45-49
M_MEM_2_AAPF	Men Master 2 Equipped Multiply AAFP: 45-49	F_MEF_2_AAPF	Women Master 2 Equipped Multiply AAFP: 45-49
M_MES_2_APF	Men Master 2 Equipped Single-Ply APF: 45-49	F_MES_2_APF	Women Master 2 Equipped Single-Ply APF: 45-49
M_MES_2_AAPF	Men Master 2 Equipped Single-Ply AAFP: 45-49	F_MES_2_AAPF	Women Master 2 Equipped Single-Ply AAFP: 45-49
M_MR_3_APF	Men Master 3 Raw APF: 50-54	F_MR_3_APF	Women Master 3 Raw APF: 50-54
M_MR_3_AAPF	Men Master 3 Raw AAFP: 50-54	F_MR_3_AAPF	Women Master 3 Raw AAFP: 50-54
M_MEM_3_APF	Men Master 3 Equipped Multiply APF: 50-54	F_MEF_3_APF	Women Master 3 Equipped Multiply APF: 50-54
M_MEM_3_AAPF	Men Master 3 Equipped Multiply AAFP: 50-54	F_MEF_3_AAPF	Women Master 3 Equipped Multiply AAFP: 50-54
M_MES_3_APF	Men Master 3 Equipped Single-Ply APF: 50-54	F_MES_3_APF	Women Master 3 Equipped Single-Ply APF: 50-54
M_MES_3_AAPF	Men Master 3 Equipped Single-Ply AAFP: 50-54	F_MES_3_AAPF	Women Master 3 Equipped Single-Ply AAFP: 50-54
M_MR_4_APF	Men Master 4 Raw APF: 55-59	F_MR_4_APF	Women Master 4 Raw APF: 55-59
M_MR_4_AAPF	Men Master 4 Raw AAFP: 55-59	F_MR_4_AAPF	Women Master 4 Raw AAFP: 55-59
M_MEM_4_APF	Men Master 4 Equipped Multiply APF: 55-59	F_MEF_4_APF	Women Master 4 Equipped Multiply APF: 55-59
M_MEM_4_AAPF	Men Master 4 Equipped Multiply AAFP: 55-59	F_MEF_4_AAPF	Women Master 4 Equipped Multiply AAFP: 55-59
M_MES_4_APF	Men Master 4 Equipped Single-Ply APF: 55-59	F_MES_4_APF	Women Master 4 Equipped Single-Ply APF: 55-59
M_MES_4_AAPF	Men Master 4 Equipped Single-Ply AAFP: 55-59	F_MES_4_AAPF	Women Master 4 Equipped Single-Ply AAFP: 55-59
M_MR_5_APF	Men Master 5 Raw APF: 60-64	F_MR_5_APF	Women Master 5 Raw APF: 60-64
M_MR_5_AAPF	Men Master 5 Raw AAFP: 60-64	F_MR_5_AAPF	Women Master 5 Raw AAFP: 60-64
M_MEM_5_APF	Men Master 5 Equipped Multiply APF: 60-64	F_MEF_5_APF	Women Master 5 Equipped Multiply APF: 60-64
M_MEM_5_AAPF	Men Master 5 Equipped Multiply AAFP: 60-64	F_MEF_5_AAPF	Women Master 5 Equipped Multiply AAFP: 60-64
M_MES_5_APF	Men Master 5 Equipped Single-Ply APF: 60-64	F_MES_5_APF	Women Master 5 Equipped Single-Ply APF: 60-64
M_MES_5_AAPF	Men Master 5 Equipped Single-Ply AAFP: 60-64	F_MES_5_AAPF	Women Master 5 Equipped Single-Ply AAFP: 60-64
M_MR_6_APF	Men Master 6 Raw APF: 65-69	F_MR_6_APF	Women Master 6 Raw APF: 65-69
M_MR_6_AAPF	Men Master 6 Raw AAFP: 65-69	F_MR_6_AAPF	Women Master 6 Raw AAFP: 65-69
M_MEM_6_APF	Men Master 6 Equipped Multiply APF: 65-69	F_MEF_6_APF	Women Master 6 Equipped Multiply APF: 65-69
M_MEM_6_AAPF	Men Master 6 Equipped Multiply AAFP: 65-69	F_MEF_6_AAPF	Women Master 6 Equipped Multiply AAFP: 65-69
M_MES_6_APF	Men Master 6 Equipped Single-Ply APF: 65-69	F_MES_6_APF	Women Master 6 Equipped Single-Ply APF: 65-69
M_MES_6_AAPF	Men Master 6 Equipped Single-Ply AAFP: 65-69	F_MES_6_AAPF	Women Master 6 Equipped Single-Ply AAFP: 65-69
M_MR_7_APF	Men Master 7 Raw APF: 70-74	F_MR_7_APF	Women Master 7 Raw APF: 70-74
M_MR_7_AAPF	Men Master 7 Raw AAFP: 70-74	F_MR_7_AAPF	Women Master 7 Raw AAFP: 70-74
M_MEM_7_APF	Men Master 7 Equipped Multiply APF: 70-74	F_MEF_7_APF	Women Master 7 Equipped Multiply APF: 70-74
M_MEM_7_AAPF	Men Master 7 Equipped Multiply AAFP: 70-74	F_MEF_7_AAPF	Women Master 7 Equipped Multiply AAFP: 70-74
M_MES_7_APF	Men Master 7 Equipped Single-Ply APF: 70-74	F_MES_7_APF	Women Master 7 Equipped Single-Ply APF: 70-74
M_MES_7_AAPF	Men Master 7 Equipped Single-Ply AAFP: 70-74	F_MES_7_AAPF	Women Master 7 Equipped Single-Ply AAFP: 70-74
M_MR_8_APF	Men Master 8 Raw APF: 75-79	F_MR_8_APF	Women Master 8 Raw APF: 75-79
M_MR_8_AAPF	Men Master 8 Raw AAFP: 75-79	F_MR_8_AAPF	Women Master 8 Raw AAFP: 75-79
M_MEM_8_APF	Men Master 8 Equipped Multiply APF: 75-79	F_MEF_8_APF	Women Master 8 Equipped Multiply APF: 75-79
M_MEM_8_AAPF	Men Master 8 Equipped Multiply AAFP: 75-79	F_MEF_8_AAPF	Women Master 8 Equipped Multiply AAFP: 75-79
M_MES_8_APF	Men Master 8 Equipped Single-Ply APF: 75-79	F_MES_8_APF	Women Master 8 Equipped Single-Ply APF: 75-79
M_MES_8_AAPF	Men Master 8 Equipped Single-Ply AAFP: 75-79	F_MES_8_AAPF	Women Master 8 Equipped Single-Ply AAFP: 75-79
M_MR_9_APF	Men Master 9 Raw APF: 80+	F_MR_9_APF	Women Master 9 Raw APF: 80+
M_MR_9_AAPF	Men Master 9 Raw AAFP: 80+	F_MR_9_AAPF	Women Master 9 Raw AAFP: 80+
M_MEM_9_APF	Men Master 9 Equipped Multiply APF: 80+	F_MEF_9_APF	Women Master 9 Equipped Multiply APF: 80+
M_MEM_9_AAPF	Men Master 9 Equipped Multiply AAFP: 80+	F_MEF_9_AAPF	Women Master 9 Equipped Multiply AAFP: 80+
M_MES_9_APF	Men Master 9 Equipped Single-Ply APF: 80+	F_MES_9_APF	Women Master 9 Equipped Single-Ply APF: 80+
M_MES_9_AAPF	Men Master 9 Equipped Single-Ply AAFP: 80+	F_MES_9_AAPF	Women Master 9 Equipped Single-Ply AAFP: 80+

08-Feb-14

2nd Annual Total Fitness Center Bench Press and Deadlift Classic - Push Pull - kg Results

Name	Age	Div	BWt (kg)	WCIs (kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WCI	Team	Notes
Arnold, Ross	66	M MR 6 AAFP	105.9	110	0.5699	127.5	137.5	-145	137.5	160	175	182.5	182.5	320	182.352	275.534	1-M MR 6 AAFP-110	Triple X Powerlifting	
Bryant, Thomas	19	M TR 3 AAFP	97.6	100	0.5875	112.5	120	127.5	127.5	182.5	192.5	207.5	207.5	335	196.796	0.000	1-M TR 3 AAFP-100	PFF Powerlifting	
Clifford, Jim	23	M JR AAFP	99.8	100	0.5818	127.5	142.5	152.5	152.5	247.5	260	272.5	272.5	425	247.265	0.000	1-M JR AAFP-100		
Conner, Colten (jr)	22	M JR AAFP	74	75	0.6955	102.5	125	135	135	160	197.5	-215	197.5	332.5	231.237	0.000	1-M JR AAFP-75		
Conner, Colten (open)	22	M OR AAFP	74	75	0.6955	102.5	125	135	135	160	197.5	-215	197.5	332.5	231.237	0.000	1-M OR AAFP-75		
Eaton, Dan	48	M MR 2 AAFP	128.8	140	0.5415	145	-177.5	-177.5	145	200	220	232.5	232.5	377.5	204.397	224.224	1-M MR 2 AAFP-140	Triple X Powerlifting	
Gastaris, Chris	45	M MR 2 AAFP	80.2	82.5	0.6567	135	-145	-145	135	165	190	205	205	340	223.278	235.558	1-M MR 2 AAFP-82.5	Hunt Club	
Gearhart, Nathan	27	M OR AAFP	107.7	110	0.5660	125	-130	-130	125	230	250	-265	250	375	212.231	0.000	1-M OR AAFP-110		
Huston, Clayton	19	M TR 3 APF	127.6	140	0.5427	140	160	167.5	167.5	145	-172.5	172.5	172.5	340	184.518	0.000	1-M TR 3 APF-140		
Koillis, Alfonse	21	M JR AAFP	99	100	0.5838	125	137.5	0	137.5	227.5	247.5	252.5	252.5	390	227.682	0.000	2-M JR AAFP-100	Triple X Powerlifting	
Mazer, Leslie	42	F MR 1 AAFP	81.5	82.5	0.7925	80	-85	-85	80	152	140	150	150	230	182.275	185.921	1-F MR 1 AAFP-82.5	PFF Powerlifting	
McCullough, Andy	22	M OR AAFP	81.6	82.5	0.6493	-125	-132.5	132.5	132.5	212.5	227.5	-242.5	227.5	360	233.730	0.000	1-M OR AAFP-82.5	Central Michigan Powerlifting	
McLean, Kristin	31	F OR AAFP	64.2	67.5	0.9358	32.5	40	-47.5	40	55	60	70	70	110	102.933	0.000	1-F OR AAFP-67.5	Triple X Powerlifting	
Pascarella, Michael	49	M MR 2 AAFP	121.1	125	0.5498	125	140	147.5	147.5	190	210	-227.5	210	357.5	196.554	218.764	1-M MR 2 AAFP-125		
Reiffer, Sabrina	25	F OR APF	86.5	90	0.7645	80	85	90	85	180	190	195	195	280	214.060	0.000	1-F OR APF-90	Catalyst Training Center	Best Lifter - Female
Rhodes, Tyler	16	M TR 2 AAFP	79.4	82.5	0.6612	70	-77.5	77.5	77.5	135	142.5	150	150	227.5	150.423	0.000	1-M TR 2 AAFP-82.5	PFF Powerlifting	
Roblyer, Derek	25	M OR AAFP	97.3	100	0.5883	152.5	162.5	170	170	247.5	265	280	280	450	264.713	0.000	1-M OR AAFP-100	Team Repz	Best Lifter - Male
Shipley, Cliff G.	54	M MR 3 AAFP	79.8	82.5	0.6590	70	85	95	95	125	145	147.5	147.5	242.5	159.795	192.394	1-M MR 3 AAFP-82.5	Team Repz	
Stone, Matt	17	M TR 2 AAFP	171.3	SHW	0.5083	-82.5	82.5	87.5	87.5	137.5	147.5	160	160	247.5	125.803	0.000	1-M TR 2 AAFP-SHW	PFF Powerlifting	
Strahl, Evan (jr)	23	M JR APF	106.1	110	0.5687	137.5	-160	-160	137.5	240	277.5	-290	277.5	415	235.990	0.000	1-M JR APF-110	GV Strength Team	
Strahl, Evan (open)	23	M OR APF	106.1	110	0.5687	137.5	-160	-160	137.5	240	277.5	-290	277.5	415	235.990	0.000	1-M OR APF-110	GV Strength Team	
Tindal, Vince	32	M OR APF	137.3	140	0.5335	202.5	-215	-215	202.5	227.5	247.5	-255	247.5	450	240.053	0.000	1-M OR APF-140		
Walraven, Garrett	23	M JR APF	89.3	90	0.6146	-142.5	147.5	-142.5	147.5	232.5	245	-272.5	245	392.5	241.211	0.000	1-M JR APF-90		
Willey, Nicholas	17	M TR 2 AAFP	107.2	110	0.5668	-92.5	92.5	-102.5	92.5	150	165	175	175	267.5	151.606	0.000	1-M TR 2 AAFP-110	PFF Powerlifting	
Wilson, Nick	19	M TR 3 AAFP	81.5	82.5	0.6498	102.5	115	-120	115	165	185	200	200	315	204.671	0.000	1-M TR 3 AAFP-82.5	Triple X Powerlifting	Best Lifter - Teen
Young, Sara	48	F MR 2 AAFP	74.8	75	0.8376	62.5	67.5	-72.5	67.5	132.5	-147.5	-147.5	132.5	200	167.520	183.769	1-F MR 2 AAFP-75		

08-Feb-14

2nd Annual Total Fitness Center Bench Press and Deadlift Classic - Push Pull - lb Results

Name	Age	Div	BWt (kg)	WCIs (kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WCI	Team	Notes
Arnold, Ross	66	M MR 6 AAFP	105.9	110	0.5699	281.09	303.13	-319.67	303.13	352.74	385.81	402.34	402.34	705.47	182.352	275.534	1-M MR 6 AAFP-110	Triple X Powerlifting	
Bryant, Thomas	19	M TR 3 AAFP	97.6	100	0.5875	248.02	264.55	281.09	281.09	402.34	424.39	457.45	457.45	738.54	196.796	0.000	1-M TR 3 AAFP-100	PFF Powerlifting	
Clifford, Jim	23	M JR AAFP	99.8	100	0.5818	281.09	314.16	336.20	336.20	545.64	573.20	600.75	600.75	936.96	247.265	0.000	1-M JR AAFP-100		
Conner, Colten (jr)	22	M JR AAFP	74	75	0.6955	225.97	275.58	297.62	297.62	352.74	435.41	-473.99	435.41	733.03	231.237	0.000	1-M JR AAFP-75		
Conner, Colten (open)	22	M OR AAFP	74	75	0.6955	225.97	275.58	297.62	297.62	352.74	435.41	-473.99	435.41	733.03	231.237	0.000	1-M OR AAFP-75		
Eaton, Dan	48	M MR 2 AAFP	128.8	140	0.5415	319.67	-391.32	-391.32	319.67	440.92	485.01	512.57	512.57	832.24	204.397	224.224	1-M MR 2 AAFP-140	Triple X Powerlifting	
Gastaris, Chris	45	M MR 2 AAFP	80.2	82.5	0.6567	297.62	-319.67	-319.67	297.62	363.76	418.87	451.94	451.94	749.56	223.278	235.558	1-M MR 2 AAFP-82.5	Hunt Club	
Gearhart, Nathan	27	M OR AAFP	107.7	110	0.5660	275.58	-286.60	-286.60	275.58	507.06	551.15	-584.22	551.15	826.73	212.231	0.000	1-M OR AAFP-110		
Huston, Clayton	19	M TR 3 APF	127.6	140	0.5427	308.64	352.74	369.27	369.27	319.67	-380.29	380.29	380.29	749.56	184.518	0.000	1-M TR 3 APF-140		
Koillis, Alfonse	21	M JR AAFP	99	100	0.5838	275.58	303.13	0.00	303.13	501.55	545.64	556.66	556.66	859.79	227.682	0.000	2-M JR AAFP-100	Triple X Powerlifting	
Mazer, Leslie	42	F MR 1 AAFP	81.5	82.5	0.7925	176.37	-187.39	-187.39	176.37	275.58	308.64	330.69	330.69	507.06	182.275	185.921	1-F MR 1 AAFP-82.5	PFF Powerlifting	
McCullough, Andy	22	M OR AAFP	81.6	82.5	0.6493	-275.58	-292.11	292.11	292.11	468.48	501.55	-534.62	501.55	793.66	233.730	0.000	1-M OR AAFP-82.5	Central Michigan Powerlifting	
McLean, Kristin	31	F OR AAFP	64.2	67.5	0.9358	71.65	88.18	-104.72	88.18	121.25	132.28	154.32	154.32	242.51	102.933	0.000	1-F OR AAFP-67.5	Triple X Powerlifting	
Pascarella, Michael	49	M MR 2 AAFP	121.1	125	0.5498	275.58	308.64	325.18	325.18	418.87	462.97	-501.55	462.97	788.14	196.554	218.764	1-M MR 2 AAFP-125		
Reiffer, Sabrina	25	F OR APF	86.5	90	0.7645	176.37	187.39	-198.41	187.39	396.83	418.87	429.90	429.90	617.29	214.060	0.000	1-F OR APF-90	Catalyst Training Center	Best Lifter - Female
Rhodes, Tyler	16	M TR 2 AAFP	79.4	82.5	0.6612	154.32	-170.86	170.86	170.86	297.62	314.16	330.69	330.69	501.55	150.423	0.000	1-M TR 2 AAFP-82.5	PFF Powerlifting	
Roblyer, Derek	25	M OR AAFP	97.3	100	0.5883	336.20	358.25	374.78	374.78	545.64	584.22	617.29	617.29	992.07	264.713	0.000	1-M OR AAFP-100	Team Repz	Best Lifter - Male
Shipley, Cliff G.	54	M MR 3 AAFP	79.8	82.5	0.6590	154.32	187.39	209.44	209.44	275.58	319.67	325.18	325.18	534.62	159.795	192.394	1-M MR 3 AAFP-82.5	Team Repz	
Stone, Matt	17	M TR 2 AAFP	171.3	SHW	0.5083	-181.88	181.88	192.90	192.90	303.13	325.18	352.74	352.74	545.64	125.803	0.000	1-M TR 2 AAFP-SHW	PFF Powerlifting	
Strahl, Evan (jr)	23	M JR APF	106.1	110	0.5687	303.13	-352.74	-352.74	303.13	529.10	611.78	-639.33	611.78	914.91	235.990	0.000	1-M JR APF-110	GV Strength Team	
Strahl, Evan (open)	23	M OR APF	106.1	110	0.5687	303.13	-352.74	-352.74	303.13	529.10	611.78	-639.33	611.78	914.91	235.990	0.000	1-M OR APF-110	GV Strength Team	
Tindal, Vince	32	M OR APF	137.3	140	0.5335	446.43	-473.99	-473.99	446.43	501.55	545.64	-562.17	545.64	992.07	240.053	0.000	1-M OR APF-140		
Walraven, Garrett	23	M JR APF	89.3	90	0.6146	-314.16	325.18	-352.74	325.18	529.10	540.13	-600.75	540.13	865.31	241.211	0.000	1-M JR APF-90		
Willey, Nicholas	17	M TR 2 AAFP	107.2	110	0.5668	-203.93	203.93	-225.97	203.93	330.69	363.76	385.81	385.81	589.73	151.606	0.000	1-M TR 2 AAFP-110	PFF Powerlifting	
Wilson, Nick	19	M TR 3 AAFP	81.5	82.5	0.6498	225.97	253.53	-264.55	253.53	363.76	407.85	440.92	440.92	694.45	204.671	0.000	1-M TR 3 AAFP-82.5	Triple X Powerlifting	Best Lifter - Teen
Young, Sara	48	F MR 2 AAFP	74.8	75	0.8376	137.79	148.81	-159.83	148.81	292.11	-325.18	-325.18	292.11	440.92	167.520	183.769	1-F MR 2 AAFP-75		

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## 2nd Annual Total Fitness Center Bench Press and Deadlift Classic - Bench Only - kg Results

Name	Age	Div	BWt (kg)	WtCls (kg)	Glossbrener	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Castenada, Jimmy	59	M_MR_4_AAPF	89.9	90	0.6143	102.5	-115	115	115	70.639	92.890	1-M_MR_4_AAPF-90	Team Repz
Coleman, Marvin (m2_multi)	46	M_MEM_2_APF	89.4	90	0.6142	-297.5	-297.5	-307.5	0	0.000	0.000	0	
Coleman, Marvin (m2_single)	46	M_MEM_2_APF	89.4	90	0.6142	-297.5	-297.5	-307.5	0	0.000	0.000	0	
Coleman, Marvin (open_multi)	46	M_OEM_APF	89.4	90	0.6142	-297.5	-297.5	-307.5	0	0.000	0.000	0	
Coleman, Marvin (open_single)	46	M_OES_APF	89.4	90	0.6142	-297.5	-297.5	-307.5	0	0.000	0.000	0	
Havens, Mark	32	M_OR_AAPF	155.9	SHW	0.5192	205	-215	215	215	111.617	0.000	1-M_OR_AAPF-SHW	
Henderson, Nia	28	F_OR_AAPF	118.5	SHW	0.6798	110	-122.5	122.5	122.5	83.276	0.000	1-F_OR_AAPF-SHW	
Kley, Josh	29	M_OR_AAPF	88.1	90	0.6193	-112.5	112.5	-130	112.5	69.666	0.000	1-M_OR_AAPF-90	Triple X Powerlifting
Nonhaweth, Kenny	32	M_OR_AAPF	64.4	67.5	0.7797	-115	115	120	120	93.564	0.000	1-M_OR_AAPF-67.5	

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Name	Age	Div	BWt (kg)	WtCls (kg)	Glossbrener	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Castenada, Jimmy	59	M_MR_4_AAPF	89.9	90	0.6143	225.9715	-253.529	253.529	253.529	70.639	92.890	1-M_MR_4_AAPF-90	Team Repz
Coleman, Marvin (m2_multi)	46	M_MEM_2_APF	89.4	90	0.6142	-655.8685	-655.8685	-677.9145	0	0.000	0.000	0	
Coleman, Marvin (m2_single)	46	M_MEM_2_APF	89.4	90	0.6142	-655.8685	-655.8685	-677.9145	0	0.000	0.000	0	
Coleman, Marvin (open_multi)	46	M_OEM_APF	89.4	90	0.6142	-655.8685	-655.8685	-677.9145	0	0.000	0.000	0	
Coleman, Marvin (open_single)	46	M_OES_APF	89.4	90	0.6142	-655.8685	-655.8685	-677.9145	0	0.000	0.000	0	
Havens, Mark	32	M_OR_AAPF	155.9	SHW	0.5192	451.943	-473.989	473.989	473.989	111.617	0.000	1-M_OR_AAPF-SHW	
Henderson, Nia	28	F_OR_AAPF	118.5	SHW	0.6798	242.506	-270.0635	270.0635	270.0635	83.276	0.000	1-F_OR_AAPF-SHW	
Kley, Josh	29	M_OR_AAPF	88.1	90	0.6193	-248.0175	248.0175	-286.598	248.0175	69.666	0.000	1-M_OR_AAPF-90	Triple X Powerlifting
Nonhaweth, Kenny	32	M_OR_AAPF	64.4	67.5	0.7797	-253.529	253.529	264.552	264.552	93.564	0.000	1-M_OR_AAPF-67.5	

08-Feb-14 2nd Annual Total Fitness Center Bench Press and Deadlift Classic - Deadlift Only - kg Results

Name	Age	Div	BWt (kg)	WtCls (kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team
DeBoer, Carrie	41	F_MR_1_AAPF	66.3	67.5	0.9124	85	97.5	107.5	107.5	98.078	99.058	1-F_MR_1_AAPF-67.5	PFP Powerlifting
Flagg, Darren	41	M_OES_APF	74.1	75	0.6947	235	252.5	-265	252.5	175.412	177.166	1-M_OES_APF-75	Animal Strength
Johnston, Jeff	35	M_OES_APF	105.6	110	0.5696	235	245	-260	245	139.540	0.000	1-M_OES_APF-110	
Styczynski, Daniel	23	M_JR_AAPF	66.3	67.5	0.7600	152.5	165	-180	165	125.400	0.000	1-M_JR_AAPF-67.5	Triple X Powerlifting

08-Feb-14 2nd Annual Total Fitness Center Bench Press and Deadlift Classic - Deadlift Only - lb Results

Name	Age	Div	BWt (kg)	WtCls (kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team
DeBoer, Carrie	41	F_MR_1_AAPF	66.3	67.5	0.9124	187.391	214.9485	236.9945	236.9945	98.078	99.058	1-F_MR_1_AAPF-67.5	PFP Powerlifting
Flagg, Darren	41	M_OES_APF	74.1	75	0.6947	518.081	556.6615	-584.219	556.6615	175.412	177.166	1-M_OES_APF-75	Animal Strength
Johnston, Jeff	35	M_OES_APF	105.6	110	0.5696	518.081	540.127	-573.196	540.127	139.540	0.000	1-M_OES_APF-110	
Styczynski, Daniel	23	M_JR_AAPF	66.3	67.5	0.7600	336.2015	363.759	-396.828	363.759	125.400	0.000	1-M_JR_AAPF-67.5	Triple X Powerlifting