

# 2015 WINTER PUSH-PULL

PRESENTED BY

## MICHIGAN APF



## CONTACT

WEBSITE  
WWW.MICHIGANAPF.COM

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## APF/AAPF POWERLIFTING MEET PUSH-PULL - BENCH PRESS ONLY - DEADLIFT ONLY

It's JANUARY, IT'S COLD, IT'S DARK, AND ALL YOU WANT IT A GIANT BATH TUB FULL OF HOT CHOCOLATE. It's OK, WE'RE FROM MICHIGAN, WE UNDERSTAND. MAN UP, GET YOUR THERMALS AND CARHARTT ON AND JOIN US FOR A GREAT MEET WITH GREAT FRIENDS. GIVE JANUARY THE BIRD AND ANSWER THE CALL OF THE IRON ALL AT THE SAME TIME. Oorah!

GO TO MICHIGANAPF.COM FOR MORE INFORMATION AND FULL MEET ENTRY



DATE/TIME	10 JAN 2015 - 10:00 A.M.
VENUE	HOLIDAY INN KALAMAZOO-W 2747 S 11TH ST KALAMAZOO, MI 49009
PROMOTER	DAN DALENBERG
DIVISIONS	RAW EQUIPPED SINGLEPLY & MULTIPLY
AGE DIV.	TEEN, JUNIOR, OPEN SUBMASTER, MASTER
EVENTS	BENCH ONLY DEADLIFT ONLY PUSH PULL
RECORDS	STATE AND NATIONAL RECORDS MAY BE SET
ENTRY FEE	\$60
ENTRY DEADLINE	1 JAN 15
SPECTATORS WELCOME - FREE ADMISSION	

